

QUILEUTE TRIBAL COUNCII

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Quileute Tribe COVID-19 Guidance Updated August 2022

The emergency 'Stay Home' order issued by the Quileute Tribal Council on March 25th, 2020, has been amended to align with new guidance issued by the CDC. This new guidance will remain in effect until further notice.

With declining case rates and hospitalizations, the Quileute Tribe has decided to relax most of the previously upheld guidance. The Tribal Council believes the community may now open for community events and in person program/service delivery. In most cases— unless expressly desired by the hosting entity, department, program, business, etc.— masking will no longer be required but optional.

The Quileute Tribal Reservation is now open to the public. All individuals within the confines of the Quileute Reservation shall follow the guidance provided herein.

Masks are now optional except for the following circumstances

- Masking/face covering will still be required inside Health Care facilities such as the Ouileute Health Clinic and the school/childcare nurses' offices.
- In school and childcare settings, an individual returning after five days of isolation must continue to wear a mask from days 6 to 10.
- Individuals living with someone who tests positive and in isolation should take
 precautions, monitor signs for symptoms, and are encouraged to wear masks when out in
 public and/or around vulnerable individuals who are at risk of severe illness if they
 contract COVID-19.

Individuals must cooperate with public health authorities and emergency management

Individuals are still expected to cooperate in the implementation of infection control measures including testing, quarantine, and isolation guidance.

Gathering:

While there are no gathering limitations, the Quileute Tribal Council would like to remind individuals that the CDC still recommends and urges individuals to consider various factors for their own personal health and safety when participating in social gatherings. Per the CDC the following conditions pose an increased risk for infection/spread of COVID-18:

- High or increasing levels of COVID-19 at the location of the event
- Indoor events, especially those with poor ventilation
- Events that are greater in length/duration
- Events that require travel or include those who have traveled
- Events that are crowded/greater in number and do not allow for social distancing

The Quileute Tribal Council respectfully asks that individuals continue to use the following guidance to help protect yourself and others from the infection and spread of Covid-19:

- Engage in physical distancing, staying at least six feet away from other individuals.
- Stay home if you are sick or not feeling well.
- Avoid others who are sick or not feeling well.
- Wash hands frequently with soap and water (use hand sanitizer if not available).
- Cover coughs and sneezes.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Disinfect surfaces and objects regularly.
- Optimize ventilation and indoor air quality.

Ouarantine/Isolation Guidance:

- If you are sick/have symptoms or test positive for COVID-19 stay home.
- If you are sick and suspect you have COVID-19, or if you test positive for COVID-19, isolate at home for five days and inform your school/place of work. You are likely infectious during these five days.
- After five days, if you had no symptoms, or if symptoms improve and you are fever-free for 24 hours (without the use of fever-reducing medication) you may end isolation.
- During Isolation the CDC recommends that individuals:
 - o Wear a high-quality mask if you must be around others.
 - o Do not travel.
 - O Stay home and separate from others as much as possible.
 - o Use a separate bathroom, if possible.
 - o Take steps to improve ventilation at home, if possible.
 - o Don't share personal household items, like cups, towels, and utensils.
 - Monitor your symptoms. If you have an emergency warning sign (like trouble breathing), seek emergency medical care immediately.
 - Learn more about what to do if you have COVID-19.
- If you continue to have a fever or if symptoms do not improve, isolate past day five until such changes occur.
- If you had moderate illness (if you experienced shortness of breath or had difficulty breathing), or severe illness (you were hospitalized) due to COVID-19, or you have a weakened immune system, you need to isolate through day 10.
- If you had severe illness or have a weakened immune system, consult your doctor before ending isolation. Ending isolation without a viral test may not be an option for you.
- If you are unsure if your symptoms are moderate or severe or if you have a weakened immune system, talk to a healthcare provider for further guidance.
- Regardless of when isolation ends, the CDC encourages individuals to avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.
- The CDC also recommends that individuals who have tested positive or had symptoms should continue to mask the remaining 6-10 days following isolation.

A violation of this order constitutes a violation of QLOC 13.19.29 "Violation of a Tribal Ordinance" and such conduct could further violate other criminal and civil code sections depending on the specifics of the conduct.

For questions regarding this order, or for prior approval and screening to access the reservation, contact Incident Commander, Michael Foster at (360) 640-0059 / michael.foster@quileutenation.org.

Thank you for your continued understanding and adherence to these practices as we maintain our vigilance in protecting our community and our loved ones.

Sincerely,

Zachary Jones

Vice-Chairman, Quileute Tribal Council

August 25th, 2022