




Quileute Senior Menu

JULY 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1. soft tacos salad, cheese, sour cream, olives, onion, tortilla, beans, peaches,	2. Hot dogs on a bun mac salad baked beans, salad, pears	3. eat at 12 BRUNCH	4. Holiday 	5. Tribe closed
8.goulash garden salad , bread, apricots	9. baked chicken rice , mixed veggies, apricots	10. chili beans crisp green salad, corn bread, pineapple	11. Baked fish salad, baked beans, pears	12.BRUNCH
15. hamburger patty mashed potato green beans , applesauce	16. clam chowder bread salad pears	17. chefs salad cheese onion eggs , olives, beets, ham, turkey, peaches	18. Nachos meat cheese, corn tortilla chips Green salad beans, grapes	19. BRUNCH at 10 am Quileute Days 2019
22. Quileute tribe Holiday 	23. Hamburger soup ,bread ,green salad,	24. Chicken noodle casserole green beans	25. meatball subs, potato salad, green salad mixed fruit	26.BRUNCH
29.. teriyaki Chicken rice ,mixed veggie, peaches <i>Real RDN, CO</i>	30. spaghetti crisp green salad bread , pineapple	31. Baked fish coleslaw mac salad mixed fruit		

All meals are served with coffee, tea and water. Milk

Meals are free for elders, elder spouses, and volunteers (with approval). Sugar free/ reg desserts are offered

Guests must pay the \$10.00 cost per meal.

Menu items are subbed with fresh fish or wild game, when pos-

