


Quileute Senior Menu

JUNE 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3. Spaghetti Garden salad, Pineapple, Bread | 4. chicken rice mixed veg-gies ,salad ,pears | 5. pork chops stuffing green beans , salad | 6. Nachos meat cheese, green salad Beans peaches | 7. BRUNCH |
| 10. hamburger gravy over rice corn pears | 11. Chinese Egg roles Fried rice, mandarin oranges coleslaw | 12. pizza garden salad cheesy bread, pineapple | 13. chicken, baked potato bar sour cream, green onion, cheeses, salad | 14.. BRUNCH |
| 17. beef roast ,mashed potatoes, green beans, bread peaches | 18. chicken rice soup , egg salad sandwich garden salad, applesauce | 19. Chefs salad , pizza apples | 20. Lasagna green salad bread oranges | 21. BRUNCH |
| 24. goulash garden salad , bread, apricots | 25. Baked fish beans mac salad green salad mixed fruit | 26. chicken noodle casserole green beans, pears | 27. Italian meat ball subs, crisp salad, mixed fruit, | 28. BRUNCH |
| <i>Real RDN, CO</i> | | | |  |



All meals are served with coffee, tea and water. Milk

Meals are free for elders, elder spouses, and volunteers (with approval). Sugar free/ reg desserts are offered

Guests must pay the \$10.00 cost per meal.

Menu items are subbed with fresh fish or wild game, when pos-