





# Quileute Senior Menu

# APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
1. Spanish rice with beef, peas, salad, pears	2. Pork potato, green beans, applesauce	3. Chicken gravy over rice green beans peaches	4. Clam Chowder, bread green salad , mandarin oranges	5. BRUNCH Elders Sign up for nutrition home visits, call 374-6040
.8.Chicken rice soup. Egg salad sandwich, green salad , peaches	9. Beef Stroganoff green beans , oranges	.10. Baked potato Bar cheese, sour cream bacon , broccoli, Pears	11 nachos meat, cheeses, salsa, sour cream, green salad, pears, tortilla	12.BRUNCH BINGO at 12 
15.. Spaghetti, green salad, bread, mixed fruit	16. Pork chop stuffing mixed veggies, oranges	17. hamburger casserole mixed veggies, peaches,	118.chefs salad ham, turkey, cheese, olives, beets, Pizza, strawberries	19. BRUNCH 
22. Beef stew, green salad, cucumber salad, banana, biscuit	23. Fish mac salad green salad mandarin oranges	24. Meat loaf, mashed potato green beans mixed fruit	25. chicken fettuccini, Caesar salad , applesauce	26. BRUNCH 
29. Hamburger soup biscuit green salad, pineapple	30.Baked chicken ,rice green beans, applesauce	 All meals are served with coffee, tea and water. Milk Meals are free for elders, elder spouses, and volunteers (with approval). Sugar free/ reg desserts are offered Guests must pay the \$10.00 cost per meal.		



*Real RDN, CO*