









Quileute Senior Menu

February 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1. BRUNCH Elders Sign up for nutrition home visits, call 374-6040
4. Hamburger soup green salad, roll peaches	5. Chef salad, ham, turkey, eggs, cheese, olives, beets, green onion,	6. Baked chicken rice, green beans, biscuit, apple	7. Nachos meat, cheeses, salsa, sour cream, green salad, pears	8. BRUNCH BINGO at 12 
11. Spaghetti, green salad, bread, mixed fruit	12. chicken rice soup egg salad sandwich, green salad, applesauce	13. Hamburger dips potato salad, green salad, oranges	14. Ham Mashed potato, mixed vegetable, wheat roll, fruit sa 	15. Brunch 
18. Holiday 	22. Meat balls, gravy mashed potato mixed veggies, salad pears	23. Chicken sandwich, carrot salad, Cole slaw, Baked beans	24. Hamburger patty gravy, rice, corn /peas, bread, oranges	25. BRUNCH 
25. goulash green salad, cheesy bread pears 	26. Baked chicken, rice green beans, applesauce	27. Beef stew, green salad, cucumber salad, bread, banana	28. Chicken noodle Green beans, biscuit pineapple	

All meals are served with coffee, tea and water. Milk

Meals are free for elders, elder spouses, and volunteers (with approval).

Guests must pay the \$10.00 cost per meal.

Menu items are subbed with fresh fish or wild game, when possible.