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The Talking Raven
A Quileute Newsletter

Vol. 5, Issue 11 Emily Foster/**BAYAK Editor**

Carving Shed has positive impact on community

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THE **DEADLINE** FOR ALL SUBMISSIONS TO BE CONSIDERED FOR PRINT IN *THE TALKING RAVEN* IS THE **3RD FRIDAY OF EVERY MONTH**.

Nearly two years ago, the Quileute Tribal School approved the hiring of a Master Carver. Mr. Wilson of the Lummi Tribe agreed to teach Northwest Native American carving to any student or community member interested in learning the art form.

The carving shed is open on a part-time basis, located next to the tribal school. It is a drug and alcohol-free environment. Mr. Wilson said, "This is a place for nothing but healthy people and healthy activities, or people who want to be healthy."

Mr. Wilson requires everyone who uses the carving shed to sign in. Everyday the shop is open, the page is filled. Last year, Mr. Wilson counted all the individuals who utilized the carving shed, and there were 150 people. He said, "It amazes me how many people make it down here."

Primarily, the 5th and 6th grade class takes advantage of the carving shed consistently. Students from other classes often choose to work on carving projects during recess, after lunch, after school, or when their schoolwork is completed. They usually come over individually or in small groups.

Some of the various projects students and community members make include rattles, necklaces, paddles, and masks. Many of the students have persuaded their family members to accompany them to the carving shed after school or on the weekends. Carving has become a family activity for many.

Mr. Wilson explained that the students learn so much through carving, such as problem-solving skills, visualization of projects, quality control, patience, science, math, engineering, culture, and history. He said, "One thing I try to get them to do—always—is use their own brain. To be more confident in themselves, *to think, to learn*. I was trying to figure out how I was getting so tired at school. It's because everyone was using my brain."

Speaking about the positive influence of carving, Mr. Wilson explained, "You might be able to tell, and I don't try to hide it, but I'm very passionate about it…Art saves lives. Maybe not in the literal sense. But it does."

The most challenging part of teaching the art is not having enough time. Mr. Wilson explained, "My day starts at 8 a.m. and I've got to start kicking people out at 10:30 p.m. This is a daily basis. The challenge is time. How do we make more time for people who need and want it?"

Photos by Cheryl Barth

From the Desk of Chairwoman Cleveland

Sustaining Our Culture Management and Access to Traditional Plants and Lands Hosted by Tulalip Tribes' "Hibulb" Culture Center

Councilwoman Cleveland had the opportunity to attend the native gathering conference hosted by the Tulalip Tribes. It was a pleasure to be accompanied by Nellie Williams and Katie Krueger of the Quileute Natural Resources Department. For many Western Washington Treaty tribes, the reservation land base cannot, by itself, furnish the foods, medicines, material and certain physical landscape to sustain our cultures. Think for one moment what is would be like not to have that accessibility.

A friendly welcome from Mel Sheldon & Glen Gobin Tulalip Tribal Council and Board of Director Hank Gobin of Tulalip Culture Center Hibulb. The hospitality was off the hook as they incorporated a traditional meal that was out of this world with smoked geoduck and salmon over the fire, salmon berry cobbler and Indian tea, lemonade made with nettles gathered by tribal members with traditional songs and speakers. This conference was a great accomplishment of many hours and many dedicated Tulalip tribal employees. Teamwork was displayed for this most successful event in unison with other entities; the many different entities attended this gathering from Washington State, including National Parks and Forest Services, U.S. Environmental Protection Agency, with many tribes and dignitaries in attendance. Billy Frank was a guest speaker whom is truly a Tribal legacy-an icon deeply respected by all tribes. Billy spoke of the long fight for native fisheries and our entirety, recognizing that many Western Washington Treaty Tribes cannot, by itself, furnish foods, medicines, materials in order to sustain our needs. We need to reach deep into the baskets to find solutions.

Sustainability is most important, because the access to these resources is needed in order to perpetuate tribal cultures for future generations. People, get your community members involved. We must ask ourselves what efforts are we, as community members, making to ensure that Tribes can continue their cultures by managing and sustaining these resources. It's important to recognize the obstacles and more importantly, as Native people, to find solutions. Community gardens, education, learn and exchange information regarding traditional plants, passing on the knowledge. How to harvest in a sustainable manner taking only what you need. Sharing & caring for one another as tribes, learning about other tribes' interests and concerns. It is important to know the regulations, rules, protocols, policies of accessing, gathering on our lands, private forest lands--owners, U&A areas, historic prairies using vehicular access, Park lands and others. Our tribal people have always been co-managers of the land. We knew how to only take what was needed to prevent these unnecessary problems of today and what we're experiencing… What a great conference! It is most important for our communities' food securities, defending our home and heritage in the area of climate change and the effects on our communities.

Emergency Preparedness

John Carver Scott, President of Center for Public Services Communications from Arlington, Virginia, visited on site to LaPush for a meeting

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From the Desk of Chairwoman Cleveland

that was coordinated through Portland Indian Health Services, Health Director Brenda Nielson. I would like to give my appreciation to Brenda Nielson and Chris Morganroth for taking the time out of your busy schedules to meet with him and providing him with the tour through our reservation, expressing our needs here on our reservation for emergency impacts that could occur here in our Homelands.

Fortunately, I was able to meet with John in a location in Seattle, providing the insight about all his questions pertaining to the Quileute land legislation and the importance of the emergency response team in La Push, and finding solutions of how can we express the importance of our own tribal members sitting at the table. We appreciate the willingness for department heads associated with our programs and we know the importance that it definitely takes volunteers to keep all things moving along. Yet it is most important to include the community members to become heavily involved as we all know emergencies do not occur necessarily from 8 a.m. to 4 p.m. daily. Today, we see most of the volunteers consist from out-of-town with our tribal department heads. We greatly appreciate the concern and caring ways for our community, yet we must find common ground in integrating and approaching the call for our community members in this partnership with this very important task in practice of "Emergency Response."

We would like to see some solutions on how we can find ways to include our community, both young and old, as everyone needs to become involved in what to do in emergency situations. This is not to be taken lightly. We can never be prepared for a disaster; however, we do know our community can pull together in a time of need when we know of the circumstances… Emergencies/disasters do not have a time and date set.

We have been most blessed with not really having any devastating natural disasters in our community and through our homelands, and we are especially thankful for that. However, community members need to stop and ask ourselves what would you do and how would you react if we were to experience such an emergency and devastating situation? This could be frightening to say the least.

Let's start with posting the emergency response meeting flyers door-to-door, community-wide. Let's bring a friend to the meeting, a relative, a youth from home, make the meetings inviting to all who walk through the door, take the time to guide and engage our members to participate and allow them to share their thoughts and stories, and take the time to make them feel welcome to the table. It is up to our community to encompass tribal homeland security, upholding our commitment to emergency preparedness. It is imperative for us to reach out to our community members for the proper protocols of taking care of our house, our territory. Let's identify the importance…If you have ideas please feel free to provide us with your list.

Our Hands Go Up...

To David Wilson, the Quileute Carving Instructor. Thanking you for all your efforts in carving and painting a yellow cedar paddle donated on behalf of the Quileute Tribe, proudly presenting to the National Congress of American Indians Conference-Silent Auction. You're giving back to the community in a good, traditional way. This goes a long way in the eyes of the ancestors and our community. I give my deepest appreciation to your dedicated services and commitments to the Carving Shed and classes for our community here at La Push. The theme this year is "Our shared journey toward tribal prosperity." David placed symbols on the paddle to go with the theme. I know it is going to be most appreciated. Wa-ta-lich-ta asoos ta.

Quileute Marina

Quileute Tribal Council is proud to announce the Quileute Marina has received a substantial grant award to upgrade our Quileute Marina. We have assigned duties to Marina manager Billy Brux to identify the needs in collaboration with Larry Burtness, who was successful in writing the needs of tribal council's priorities in assuring renovations to our desperately-needed Quileute Marina. These renovations will improve business and quality for our harbor.

Our Marina, with the many damaged pilings and floats to our facilities that have been long past due, to the many winter storms increasing the resilience of landscapes due to our climate changes here in La Push, this has caused changing in our watershed base to the Marina and

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From the Desk of Chairwoman Cleveland

its existence of survival to fit the needs of our community. We hope to have the plans implemented very soon upon funding awarded.

Thanking you both Larry and Billy for taking this responsibility in ensuring the work load is to be properly attended to and the guidelines followed and tracking of all necessary reports upon implementation. Our hopes are to alleviate delays with quick turnaround in response to endorsing the acceptance of the grant award.

Our Shared Journey Toward Tribal Prosperity: NCAI Convention

As a Quileute Tribal Council Representative, I was very pleased to attend the NCAI Convention on behalf of our Quileute Tribe in Portland Oregon. Throughout my council term, I have maintained loyal commitment to working with many tribal governments in our behalf. Attending the NCAI convention, we addressed many complex issues that confront many, many Native American Nations throughout the country. Witnessing this gathering of nations at NCAI whom have their people at heart upfront, in these most challenging and economic times we are facing today, was most powerful and strong. The message was that collaboration between tribal, state, and our federal governments can bring our nations' words to the steps of Congress.

I have to say this was a memorial event throughout the week in Portland as many tribal leaders are working to improve the lives of our people and our future generations. I was very honored and most humbled to serve as Quileute Chairwoman representative. Many coastal tribes were very well represented by their full council members and cultural committees. We Quileutes were in small number however very overwhelmed to be invited and announced by our neighbors from the north, Makah Tribe, and danced with our neighbors from the south, Quinault Nation. We were most humbled to be celebrating together this was most empowering event for the coastal tribes. The evening highlights were being made by Indian Country as a whole so that our children might thrive and our culture can enrich all those around us.

Congratulations are in order to Ron Allen as he defeated his position for a seat as Treasure for the National Congress of American Indians. He certainly is well-deserving as elected once again; his commitment and tireless efforts to Indian Country do not go unnoticed. We are very proud to have him represent in this fo-

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From the Desk of Chairwoman Cleveland

rum his deep commitment and his understanding and knowledge in legislation in addressing the challenges we face today. It is reassuring to know we have his loyalty and commitment.

A big thank you goes to the Tulalip Tribe and Theresa Sheldon for sharing their pictures with me. I appreciate it!

Quote of Today

When the community works together, the community works…

Work Shop

Tribal Council Member Foster attended a tax work shop with staff-Crystal Matson and Chris Morganroth IV.

Tulalip Tribes/Four Directions

Council Members DeAnna Hobson and Carol Hatch attended a work shop on gambling practices.

Honoring Veterans Day

Heal us of history. Remind us that none of us were discovered since none of us were lost, but that we were all gathered within his sacred circle of his arms. Mend the hoops of our hearts. Let us live in justice and dignity give us much peace…Thinking of all our veterans of foreign wars. Today the fire burns for our families and friends and relatives of whom served in the foreign wars. God bless each and every one.

The Tribe will be hosting a community gathering on Nov. 11, 2011 at 12 p.m. at the Community Center to honor all the Veterans. Thank you for your service!

Respectfully,

Hah-Yeh-Letsa
Bonita Cleveland
Tribal Chairwoman
Quileute Tribe

Photos by Cheryl Barth

Hiba' Kwashkwash [HAY-buh quash-quash]: The Jay Squawks

Jay Powell transforming into Kwashkwash, the blue jay.

Well, last month I was trying to write Quileute in the land of spaghetti and the mafia. It was October and I completely forgot about ixʷałòkʷołʔáḳtiyat (ik-hwuh-THO-koth-UH-ktee-yaht, *wearing mask day* or Halloween, when we put on masks.) It's an appropriate thing to do in the village at the mouth of the river. The Old People in Quileute country used to wear masks during rituals and ceremonials, too, eh.

The word for mask is interesting: ixʷa-łó-ḳʷoł (ik-hwuh-THO-kwuth) and it's made up of three parts: ixʷa-*to change something*, -ło *-face*, -ḳʷoł *-a thing for doing something*. So, a Quileute mask is a thing for changing one's face. Masks were mostly worn in the old days by shamans or medicine men. In fact, the word for a medicine man in the old days was ixʷałóla (ik-hwuh-THO-lah) which by now you can probably figure out the meaning of. It means *the one who wears a mask ("changes his face.")* But the Quileute shamans didn't wear masks to go trick-or-treating. Shamans were serious and largely kept to themselves. The oldtime Quileute medicine men wore masks because of the traditional Quileute assumptions about why people got ill. The táłaykila póʔoḳʷ *oldtime people* believed that the main reason a person got sick was because their soul had left their body. And the shaman's healing ritual involved putting on his mask, which transformed him into a spirit power so he could travel outside his body to go find the sick person's errant yalá (yuh-LAH, *soul*). If a sick person's soul was not found and brought back, the soul was naturally drawn toward the entrance to the underworld, the yaláʔakw títipaʔd (yuh-LAH-uck-hw TAY-tee-pah-ahd, *the place of the soul shadows*, which was located on the North Fork of the Calawah). And once a soul entered the cave and started down, it could never return and the person would die. So the families of sick Quileutes would hire a shaman to treat a sick family member.

Well, Ṫłoḳʷoʔóḳtiyaʔat (November) isn't just the moon when ponds freeze. It's the time of year when people start getting the sniffles, colds, flu, and all manners of illness. And since we're talking about medicine men anyhow, let's think about getting sick in the old days at La Push. We need a lot of words to be sick in Quileute like:

haťishódo-li (hah-tish-SHOH-do-lee, *to sneeze*) and it sounds just like a sneeze. Ah-choo!

łíwʔal-li (THIW-uhl-lee, *to cough*)

hítkʷol-li (HAY-t-quo-lee, *I'm sick, I ache or I'm sore*)

hítkʷo-ťikʷ-li (HAY-t-quo-tayk-lee, *I have a head ache*)

hìtkʷo-ḱadás-li (HAY-t-quo-kah-DUHS-lee, *I have a sore throat*)

Hope you don't have to go to the hítkʷoliti (HAY-t-quo-lit-tee, *hospital or "sick house"*) and take a lot of bad-tasting kátil (KAH-h-till, sounds like a cocktail, but it's *medicine*). We've been talking about traditional Quileute healers as if they were all men, but women played an important part, too. There was the choʔòtsḱash-ḱʷáyo (cho-OOTS-kuh-sh-KWAH-yo, *midwife or "birthing expert"*) and there was the kàtila-ḱʷáyo (KAH-h-till-ah-KWAH-yo, *herbalist or "medicine expert."*) Gram Lillian told me that she heard there used to be a woman in the village with really skinny fingers who could snatch a bone out of a person's throat when they were choking, but nobody can remember what she was called.

Ṫàxata-ḳʷá-li (TUH-hah-tuh-KWAH-lee, *I have a temperature, "I'm too hot,"*) but I remember that Old Lady Nellie used to laugh and use the Chinook Jargon word for fever, which is "waum sick" from English. There are worse things like "to break" something:

Ṫłàḳʷ-ťáyat (t-THAHK-TAH-yuh-t, *broken arm or hand*).

Tłáḳʷ-ċhíłit (t-THAHK-CHAY-thit, *broken leg or foot).*

And although it's not a medical condition, píťłal (PAY-t-thuh-l is *to break wind*.)

If you have hìtkʷo-díłwa (hay-t-quo-DITH-wah, *a toothache*), you might have to go to the shikʷò-dił-li tákta (shay-kwo-DITH-lee TAHK-tuh, *the tooth-pulling doctor…*) a word the old people made up for a dentist, based on the way they pronounced "doctor." And when their back hurt, they would go to the ťłabàx-ḳʷayít-li tákta (t-thuh-BAHK-qua-YEET-li TAHK-tuh, *the back snapping doctor*) as I heard Hal George refer to the chiropractor he visited after straining his back while carrying a hind quarter of elk out of the upper Hoh when he was 80.

And of course, there were the hòkʷáti-ťowa (HOH-KWAH-tee-toh-wah, *white-man's diseases*) that native medicine couldn't do anything for: ixʷáťowa-kʷoł (ik-HWAH-toh-wah-kwoth, *small pox*). Notice, just to come full circle, that the root for small pox, ixʷa-, is the same as the root for the word for mask and shaman that we talked about above. It means "to change," but in a way that nobody has been able to explain, it relates to evil spirits and the spirit world in a way that only the old time Quileutes could understand. This wonderful Quileute language is the magic box full of the essence of the old Quileute perspective – a porthole looking into the minds and souls of the ancestors.

Hope you all have a healthy "Pond Freeze Moon."

Kwashkwash
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Bá·yaḳ
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Elder Feature: Neva California-Hobucket

Neva California-Hobucket was born on February 18, 1941 to Tyler Hobucket, Sr. and Ruth "Ruby" Bright Hobucket on the same land she is currently living on. Everyone in her family, except for her brother Glen, was born on that lot. Today, Neva is still living on that same land.

When Neva was young, she and her siblings received Quileute names; Neva's name is solsollitsa. "My dad used to call me Screaming Mimi, because I used to scream a lot as a kid. I sounded like a siren when I cried, when I didn't get my way," said Neva. Her older sister Helen called her "Nibs."

Neva remembers that most homes in the village had outhouses, although Neva's family was fortunate to have indoor plumbing. Her family also used to have a big dance hall behind their house. Her father was a dancer, and Indians came from all over to dance. However, Neva said she did not get to participate because children were not allowed to get involved. Children also had to sit still at funerals, church, and other events. Neva said, "All the kids were controlled. There was no talking back, and more respect. Got to have respect."

She was taught to respect herself and everybody else. She was also taught to help others, and not expect payment. Neva explained, "A long time ago, people used to share. If they had extra smelts, they would give it to the older people. People shared." One day, Neva saw some of her father's papers he had from a meeting, called the DW Club. When she inquired about the DW Club, he said it was the Don't Worry Club. If someone in La Push had something that was bothering them, or they needed help spiritually or financially, the DW Club discussed their situation and would help in anyway they could.

Neva's parents divorced and she ended up living with her father. When Neva was in 5th grade, her class was having a mother and daughter tea party. "I went home and I was crying because I had no mom, and they said to borrow a dress from your mom," explained Neva. "My dad told me to go get a dress from gram. I don't want a grandma dress!" Neva ended up borrowing a dress from her grandma, and her father accompanied her to the tea party. "He had a lot of fun with the ladies, telling stories. I felt happy that dad would do something like that for me." This is one of Neva's most cherished, childhood moments.

Recently, Neva has had some health problems. She would like to thank her niece Bitsy Cisneros for accompanying her to the hospital and staying with her during surgery. Neva said, "I appreciate that and I love Bitsy for doing that for me."

These days, Neva enjoys spending her time doing word puzzles, watching the Mariners, and going to casinos with her brother Spud." Neva had moved away from La Push for about 20 years, but said, "I'm happy I came back to the same land I was born on."

Photos by Cheryl Barth

Birth Announcement: Jacquelyn Rose

Born September 15, 2011 and weighing 6 lbs. 15 oz. to Proud Mother Cynthia Centeno

Fitness Center opening in Forks

Ruby Swagerty pictured next to the chair lift for the lap pool.

A new, 24-hour fitness center, called Forks Athletic and Aquatic Club, is opening up in Forks in November. The fitness club will be operated by Three Rivers Restaurant and Resort co-owner Ruby Swagerty; it is located in the Quillayute Valley Community Center, which housed the Forks pool and has been closed since 2006.

Ruby said, "My goal is to make it a place where people feel comfortable, learn a healthy, safe way to exercise and eat healthy, good food. I want this place to be like the health clubs I used to work at and are in other towns and cities. I want it to be a place our community can be proud of."

The fitness club will have brand new, top of the line equipment which will include: treadmills, bikes, personal weight machines, free weights, a lap pool, and classes such as zumba, yoga, special needs or low impact classes, step aerobics, and water aerobics. Wireless Internet will be available, along with a juice bar, tables and a lounge area. There will also be healthy cooking classes and plans for offering an affordable line of exercise clothing.

Ruby has always had a love for fitness. She is certified with the American College of Sports Medicine, the International Dance Education Association, Pro-Fit, and A.C.E., and has been teaching fitness classes since she was 19 years old. Ruby has worked with the Quileute Tribe for the last nine years, offering workout classes three times a week.

Ruby said, "I grew up here. I'm a community member and I have a good relationship with the tribe. I hope to keep that strong bond when I open the fitness center. I don't want tribal members thinking I'm leaving them. I'm just expanding, and I hope to work with the tribe somehow. I would love to have Quileutes walking through my doors, and I would like to have the Biggest Loser Program that Penny Winn and Tara Newman put together last year ran through the club."

There will be a week-long grand opening for the Forks Athletic and Aquatic Club, which will include a tour of the facility, free juice samples, signing up for classes, and more. A date has not yet been set for the grand opening.

Job Listings

General Manager at Oceanside Resort, opened November 2, 2011 and closes November 16, 2011 or until filled. **Pay Rate:** DOE. The manager oversees all aspects of the hotel operations including: guest relations, front desk, housekeeping, maintenance, finances, team building, and staff development. The manager must possess strong communication skills, both verbal and written, and demonstrate outstanding leadership, as well as delegate responsibilities, organize complex projects, and establish priorities consistent with hotel objectives.

Elders Panel Coordinator at the Quileute Tribal Court, opened November 2, 2011 and closes November 16, 2011 or until filled. **Pay Rate:** $10.00 to $12.00 an hour. The coordinator is responsible for making contact with elders who are interested in serving in the Elders Court and registering them into a training program to be designed for that purpose. The coordinator will also serve as the clerk for the Elders Panel and will manage all case files referred to the Elders Panel for adjudication.

Maintenance I—Regular Part-time at Oceanside Resort, opened November 2, 2011 and closes November 16, 2011 or until filled. **Pay Rate:** $9.53 to $12.00 an hour. Maintenance I must have general knowledge of various types of maintenance duties, such as plumbing, electrical, and carpentry.

Police Officer/Sex Offender Registration, Management and Notification Program Manager at La Push Police Department, opened November 2, 2011 and closes November 16, 2011 or until filled. **Pay Rate:** $16.16 an hour. The officer is responsible for registering convicted sex offenders within the jurisdiction of the Quileute, inputting data into the Tribe and Territory Sex Offender Registry System, monitoring convicted sex offenders, attending trainings and conferences, and more.

Public Works Worker I at Quileute Public Works, opened November 2, 2011 and closes November 16, 2011 or until filled. **Pay Rate:** $11.00 to $12.00 an hour. Public Works Worker I must operate and maintain: wastewater collection system for the Quileute reservation, wastewater plant and associated equipment, Quileute water production and treatment plant at Three Rivers, and the Quileute solid waste collection and disposal system.

Contract Health/Referral Manager at the Quileute Health Clinic, opened October 5, 2011 and closed October 19, 2011.

Community Health Representative at the Quileute Health Clinic, opened October 5, 2011 and closed October 19, 2011.

Water Quality Tech III/Bio I at Quileute Natural Resources, opened October 5, 2011 and closed October 19, 2011.

The Talking Raven is published once a month, so we encourage you to check in regularly with the Personnel Department for current job openings.

For the complete job descriptions, visit the website at quileutenation.org/employment/job-openings or contact the Personnel Department at (360) 374-4366.

SAM donates to Tribal School

Seattle Art Museum staff members were excited to have the Quileute Tribe perform songs and dances at the Quileute exhibit opening in August 2010.

As a way to thank the tribe, SAM curator Barbara Brotherton asked Tribal School Superintendent Frank Hanson and Principal Al Zantua if they needed any school supplies. The staff collected supplies as well as 170 SAM t-shirts and stuffed animals.

Barbara said, "SAM would like to continue our friendship with the Quileute as we are indebted to them for the beautiful presentation of Quileute culture at SAM. The museum administration wrote a letter of support for the legislation to Patty Murray, Maria Cantwell and other legislators."

QTS Students Pulling Together

By Mary Anne Earley

Quileute Tribal School students are pulling together this year to accomplish the school's new canoe-themed positive behavior support plan.

In place of the school's All Star Program, students are now competing for paddle mile tokens throughout each day. Classroom goals for paddle miles vary, but most students are striving to earn 15 paddle mile tokens per day. These can be earned by demonstrating behavior that is safe, responsible, and respectful. When students earn an average of 15 paddle miles per day all week, they are awarded with a special bead to add to their paddle necklace. Finally, students who earn beads 6 times out of every 8 week cycle get to participate in special activities such as movie afternoons, lunch out, and other events.

Remember to encourage your children to demonstrate safe, responsible, and respectful behavior at home, school and in their community!

Jackie Jacobs Reporting

Jackie Jacobs at Quileute Days Royalty Pageant 2011.
Photo by Cheryl Barth.

*I am so excited to share that JTalentgroup has generated **$128,076.00** in financial contributions and in-kind donations to the tribe for fiscal year 2011.*

One of my greatest joys is being able to facilitate relationships that benefit the tribal school. I have been working with Neil Conklin from Bella Italia restaurant in Port Angeles for over a year on an opportunity that will share a portion of the proceeds to the Quileute Tribal School, as well as Forks school district. Neil is a long time friend of the Quileute Tribe and his restaurant is simply fantastic.

It is my pleasure to share with you information about the launch of "Bella's Mushroom Ravioli!"

Bon Appétit!

Port Angeles, Wash. – October 14, 2011 – Bella Italia, a welcoming Italian restaurant in the picturesque town of Port Angeles, WA, today announced it is making its most famous meal - Bella's Mushroom Ravioli™ - available as a high quality frozen entrée. The friendly restaurant, along with its signature dish, shot to fame in 2005 when it was featured as the first date setting for author Stephenie Meyers' notorious love struck vampires, Bella and Edward. Since then, guests have flocked to the restaurant from around the globe to dine on the ravioli, and now anyone will be able to enjoy an authentic bite at home.

"When Stephanie Meyers was working on her first book, she called our restaurant to ask about menu items, and we were running mushroom ravioli as our special," said Neil Conklin, owner of Bella Italia, located on Washington State's Olympic Peninsula where the vampire book series is set."That dish is what made it into the book, as Bella orders it on their first date. Ever since then, we've had travelers from all over the world. We've served more than 10,000 of these iconic pasta plates in the restaurant, and I wanted to make it available to everyone."

Vampires aside, Bella's Mushroom Ravioli™ is made with the love and tradition of all Bella Italia's food. The new frozen entree is made from fresh, all natural ingredients and heat-and-eat ready. The 20-ounce entrée features mushroom ravioli in a creamy besciamella sauce with rich mushrooms. It is perfect as a hearty serving for one or to be shared. The sleek packaging design embraces the look and feel of the restaurant guests have come to love – comforting hues of red and evergreen, with a bit of Italian flair. Each entrée will be available in convenient plastic microwaveable containers, which can be heated in the microwave or oven.

Bella's Mushroom Ravioli ($10.99 MSRP) will be available for retail distribution in November 2011, just in time for the much anticipated release of the fourth vampire movie installment. Bella Italia is currently marketing the product to retail outlets nationwide, and it will also be sold direct to consumer online at www.bellaitaliapa.com.

Notably, a portion of all Bella's Mushroom Ravioli™ proceeds will benefit the Quileute Tribal School and Forks High School. "Every ravioli dish sold will help two local schools I am proud to say I support. The teachers have done so much for our community, building a positive place for children to learn and grow," says Conklin.

Bella Italia plans to offer additional frozen entrées down the road – all meals will feature the restaurant's most popular dishes and showcase Italian fare inspired by Pacific Northwest ingredients and cuisine. Additional details are available online at www.bellaitaliapa.com. For wholesale inquiries, please contact sales@bellaitaliapa.com.

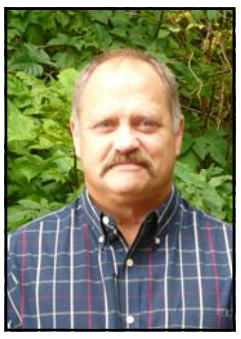
About Bella Italia

Since 1996, Bella Italia has been a real life Italian restaurant located in the town of Port Angeles on Washington State's lush Olympic Peninsula. It was thrust into the global spotlight in 2005, when it was selected as the first date setting for the famous love struck vampires, Bella and Edward. Today, the restaurant serves thousands of guests from around the globe every year, and also sells its famous Bella's Mushroom Ravioli™ as a delicious, wholesome frozen entree, with a portion of the proceeds benefitting the Quileute Tribal School and Forks High School. For more information, visit www.bellaitaliapa.com.

17th Annual Wine & Cheese Fundraiser

Saturday, November 12th
7 p.m. to 10 p.m.
Bank of America, Forks Branch
$10 per person
The fundraiser benefits the Forks Visitor Information Center and includes a silent auction, wine and beer tasting, music, and snacks.

Counselor's Corner



Thanksgiving, or no Thanks for Giving?

Okay, I tried the catchy phrase above to grab your eyes and maybe your interest. I'm guilty. So what's up with Kevin? I'll sorta tell you. The rest will be up to you. Read on…

In my earliest time of being in recovery, I surrendered to the notion that I really had no idea of how to live. No matter what I had tried over some thirty years, I always returned to using alcohol or drugs to feel okay. Not just to feel the high, but to forget and to feel okay and good. So with my broken record of failed attempts to quit using and drinking I checked myself into the Serenity House shelter, the second to last place I ever wanted to be found in, *the first being prison or jail.* It was a wet, bleak, painful fall. November was the month. I was bankrupt in spirit, emotions, and my brain was worn down from all the chemicals. Little did I know what was in store for me. No money, few clothes, paranoid as hell, and panicky. The end of the line, but sometimes ends are the new beginnings too.

So there I was in a bum's shelter, a homeless last-stop shelter. I had left my daughter and her mother at the house where I was no longer welcome; CPS or Children's Protective Services made sure of that and I also knew that I had to go so they wouldn't have to also. So I checked in to the shelter and I was immediately welcomed to take a shower. Yeah, I stunk! I was once very successful making a living and wore slacks and sweaters/jackets to show everyone how successful I was. Everything I had ever done was to make me feel good and to stand out. Big Shot! But now, here I was in a cramped, greasy shower, in a homeless shelter to boot!

My shower done, I was then told to follow the directions of everything I was told to do and I would get back on my feet. Don't and I can leave. My brain said, "…no way, I'm leaving," but my emotions said, "do this; or go use drugs till you die." Well, somehow I chose to live. So I did exactly, <u>and I mean exactly,</u> what I was told to do when I was told to do anything.

A week or so later I had become accustomed to living there; I read recovery books and attended every daily meeting they had and more elsewhere. I did my chores, my counseling sessions and was enrolling in college, even though my mind was still warped like a burnt piece of plastic.

Long story short; again, a week later, came Thanksgiving. Yea, Thanksgiving! In a homeless shelter! How exciting! But I need to back up a week or so. It was Saturday. I was the desk-person at the shelter entrance the weekend before Thanksgiving.

Being all relaxed and stuff, I started noticing outsider people pull up in their cars; some fancy, some not. I watched as they were unloading stuff out of their cars and to my surprise they were bringing in turkeys, hams, potatoes, jams, pop, pies, pickles and corn, cookies, and caramels; yes!...you name it, they brought in the kitchen sink! I really didn't quite get it yet being somewhat dull in the brain, (some say I still am… lol). But as they started coming in the building they all would say, "Happy Thanksgiving," as they proceeded to the kitchen. Fast-forward-by later that day we had twenty-seven or so turkeys, more hams and more pies and "stuff" than I could imagine. Later that night, as I reflected on the abundance of generosity, including several bank checks of substantial money donations, a sweeping feeling came over me as it dawned on me; they looked so happy. Those folks spent lots of money on all us losers. But they looked so happy, content, yes, satisfied, and I could see that each one displayed authentic peace in their faces. They were clearly just grateful to help. They were humble, quiet, and did not seek attention nor any praise. And that, to me, was as alien as it gets.

Now, for the first time, I finally understood what life could be like and how people can be happy without drugs and alcohol. We needed to help others and not seek any attention for it. I understood that giving of myself and to be of service to others could resolve *and fill in* the dark hole I had in my heart and soul, the one I tried to fill with chemicals for thirty-some years.

That was a moment that will live forever in me. And absolutely right then, I started giving. That very night I started reading the NA and AA books to a mentally-challenged young man with no ability to read. For the next few weeks I read all the recovery books to him and we discussed the meanings of the writings. Funny, but I ran into him about a year ago. He was working for an Internet company; he had a knack for fixing electronics and obviously he had refined that skill. He had on blazing-cool clothes and his lady was an obvious equal. He had been clean for over ten years and was living in Seattle.

I also did all my chores without a whimper and I helped those whose spirits had been crushed in an earlier day and time. I went out and found a way to sponsor a needy family that just arrived in PA and had nothing. Nothing at all for Christmas. I had learned, and I gave, and they had all they could handle for Christmas including a motel room for two weeks. All paid by good people that know giving is the key to happiness and contentment.

So from my first Thanksgiving in the Serenity House Shelter till today I am rich beyond explanation. Totally not with money, but with people I have been blessed to help that filter back into my life. They come and hug me and sometimes they cry in gratitude. They come back and give to me and tell me how they have paid it forward. They give me their thanks and the warmest possible feelings I could ever ask for. No drug or drink ever could compare. My message? It's all about Thanksgiving. Yes, Thanks for giving. And please, do not thank me for this story because I do not want any praise. Just thank others by giving.

Giving is the path to happiness and thanking is the path back to more giving. So as we approach this Thanksgiving let's all give full thanks that we are so blessed just to be alive. We are alive and we are breathing and that's such a blessing. The rest of your life is <u>totally</u> up to you, as is mine. We are 100% in charge. We decide every day.

God Bless You, and truly have a wonderful Thanksgiving…by giving and sharing and enjoying.

Ain't life grand!

-Kevin McCall

Seeking Quileute Elders for Elders Panel

Quileute elders interested in serving on the Elders Panel for juvenile court must contact Fern Penn at (360) 374-4305.

The panel will meet approximately once a month, and panel members will receive lunch and $50 gift cards.

There is No Excuse for Elder Abuse

Join the New Beginnings program for a presentation on how to:

Identify it
Stop it
Prevent it

December 2nd

12:30 p.m. at the Senior Center

A Note from the Superintendent

Winter Greetings! The school year is progressing quickly. Our staff and students are working very hard on meeting Adequate Yearly Progress (AYP) Goals. This School Year 2011-2012 finds QTS moving to Corrective Action II Status towards meeting AYP. There have been gains made this last year, but not enough to reach "Safe Harbor," a 10% increase in students meeting AYP. We made gains in all levels, except for math missing "Safe Harbor" at 10% by 3.6%. Over 60% of all schools in the state of Washington alone are not making AYP as it is based on the testing of students in grades 3 to 8, and 10 grades with other indicators such as test participation and attendance. Our high school students also need to pass end of course exams before graduation. Our students have to be the best in both worlds with the skills to have a productive life.

QTS is in a plan for restructuring this next year if gains cannot be made. With the Reauthorization of NCLB on hold until after 2012 presidential elections, no political solution will be reached on the orginal mandate that all children will be on grade level by the year 2014. This is the current law and what drives the School Improvement process. You may see waivers made to the states this year, as across the nation it can be argued that closer to 80% of all schools are not meeting AYP. Where does this lead QTS?

We are currently working towards a transition mode in the School Improvement process. We are working on an opportunity to help through a School Improvement Grant (SIG) with the BIE for additional support to transform the school to meeting AYP. There are commitments we (school, community, and students) need to make to implement the SIG program based on the Transformation Model indicators.

There will be a public meeting for QTS before Christmas break on this process as it is a three-year effort to establish yearly benchmarks and objects that will lead QTS to making AYP. Quite frankly, the BIE would like to see 30-40% growth a year for the next three years to bring all students to grade level and meet proficient or advanced standing on the state assessment. The SIG grant opportunity holds the Principal and teachers responsible for student growth. However, I would like to remind parents and community members that you are the "first teachers" for our students. Each student has a Parent/Student/School Compact each year that stresses attendance, no tardies, appropriate behaviors, and each student reading at least 20 minutes each night, among other agreed upon efforts for each of us.

We are reforming instruction, increasing learning time, providing rigorous embedded staff development, and we have developed a transformation leadership team towards leading our change. We have external consultants who are tied in with our accreditation, and we look to involve you as stakeholders in this daily process to build and support transformation for QTS. Whether we get the grant or not we need to plan for restructuring and school improvement. These efforts are continuous and ongoing, as all schools should be. The school board has supported an increase in technology to be used in the classroom as part of the School Improvement Process.

School Board Elections will be posted soon for late November. There are four positions open: two regular members and two one-year alternate positions. I want to thank all the board members for serving. It is not always an easy task; school boarding is a tough business. Our current board members are Carol Hatch, Bonita Cleveland, Cathy Salazar, Sharon Pullen, Rhonda Flores, Nellie Williams, and Brenda Nielson. Board members whose terms are currently expiring are Bonita Cleveland, Cathy Salazar, Nellie Williams, and Brenda Nielson. Again, thank you for your time and efforts in making QTS a great school.

Our school must demonstrate that we have the capacity to turn the school around and become a high-performing school. I know the staff is 100% fully committed. I ask that you as a community and "first teachers" of our children become 100% fully committed as well.

A Veteran's Breakfast will be held at QTS on the morning of November 10th. Also, an ECE/QTS Thanksgiving community lunch meal will be held at the Akalat on November 22nd.

In closing, I want to thank the community for all the support that has been given to the tribal school and, on a personal note, to me and my family over the last twenty-six years. I am proud of QTS and what we have all accomplished. There are still more lifelong learning skills for all of us in the future.

F. S. Hanson,
Superintendent

Youth and Family Intervention Program hosts Boys and Girls Dinners

The Youth and Family Intervention Program has been organizing Boys and Girls Dinners for the youth in this area.

On select Monday nights, girls get together at Program Advocate Casey Keith's house, share a meal, and play a board game or watch a movie.

Boys Dinners include a meal and an activity, such as football and basketball games, with male mentors like Darren Montgomery or crew members from Coast Guard Station Quillayute River.

Look for announcements regarding future Boys and Girls Dinners. You can also friend "YouthandFamily Intervention" on facebook to keep up-to-date on events and activities from the Youth and Family Intervention Program.

Welcome the new AmeriCorps volunteer

After considering applications and interviewing several volunteers for the Quileute community, AmeriCorps has placed Jana Stock in La Push.

Jana said she will be working with the 1st and 2nd grade class often because of the large class size and the need for extra help. So far, she has been focusing on reading with the students. The children get into small groups and Jana reads with them, makes corrections, and then they answer comprehensive questions about their readings.

Not only is Jana working with students at the tribal school, but she is helping with Wednesday Night Drum Group, Family Fun Night, and other community events, such as the Halloween Carnival and Cherish Our Children. Jana said, "I'm here to help with anything. I'm also planning something for Martin Luther King Jr. Day."

Jana has Blackfoot ancestry and enjoys attending powwows. In her spare time, she loves watching TV shows such as CSI, Snapped, and Dexter, playing soccer, hiking, reading, and doing pilates. She recently started working on a paddle at the carving shed with Mr. Wilson.

After volunteering with AmeriCorps, Jana wants to go back to school to finish her Associate of Arts Degree in Psychology. She plans to double major in Psychology and Criminology, and then obtain her Master's in Forensic Psychology.

Jana said she has heard a lot of great things about Meaghan Ferrick, the previous AmeriCorps volunteer in La Push. She explained, "I can't replace Meaghan, but I just want to help the whole community. I think I will end up learning more from them than they will from me." She added, "I am really looking forward to being able to help out anyway I can."

If anybody needs help, whether it is with school work or events and activities, Jana insisted you can contact her through the Tribal School front desk at (360) 374-5648.

"I really love it here and I'm thankful everyone has been so welcoming," said Jana.

News from the 3rd and 4th Grade Classroom

By Ericka Montgomery

Third and fourth grade students had a very hands-on month in October as they studied First Nations of North America.

Mr. Zantua brought in traditional Plains native attire, which students anxiously stood in line to try on. They were very surprised by the weight of the bones that made up the clothing.

Later, students tried their hand at painting pottery with traditional southwest style designs. Damon Jones shined as he painted the Kokapelli figure on his pot. What beautiful work!

Finally, students began studying Washington Coast Native culture when a box of artifacts from the University of Washington's Burke Museum arrived for a week in our classroom. Students were able to touch and explore a traditional adze, longhouse model, a bentwood box, halibut hook, dentallium, and more. They also watched a dramatic presentation of the Raven story called, *A Box of Daylight*. Students are excited to study Washington Plateau Native culture and the Oregon Trail when they travel for an upcoming field trip in November.

Foster Parent Pre-Service Training

Located at Forks DCFS

Orientation: Dec. 1st

Classes: Dec. 2nd & 3rd, Dec. 9th &10th from 9 a.m. to 5 p.m.

Must attend all sessions to graduate.

Classes may be cancelled if not enough students pre-register, so sign up today!

Contact Gina Lowry, (360) 374-4306, at Human Services for more information.

Quileute Fish and Wildlife Enforcement Announcements

Please slow down when driving on the Richwine—River Park Road. Workers who maintain the road have almost been hit several times by speeding vehicles.

A Hunters Safety Course will be offered in November. Interested Quileute tribal members must contact Darlene Olson at (360) 374-2247 to sign up.

Senior Center

For our home deliveries: please make sure walkways are safe for Senior Center employees. Thank you.

A special thanks to Jack, Darrin, Randy and Ryan for keeping the building clean and safe.

Thank you to Deano Penn for his fish donations as well as fisheries and Brandt Ramsey for their fish donations.

Sending deepest condolences to the Jackson/Jones families and to James Williams, Joanne Harrison and family. We will deeply miss our elders, Bibs and Pat.

-Lisa Hohman-Penn

Veterans Day Celebration

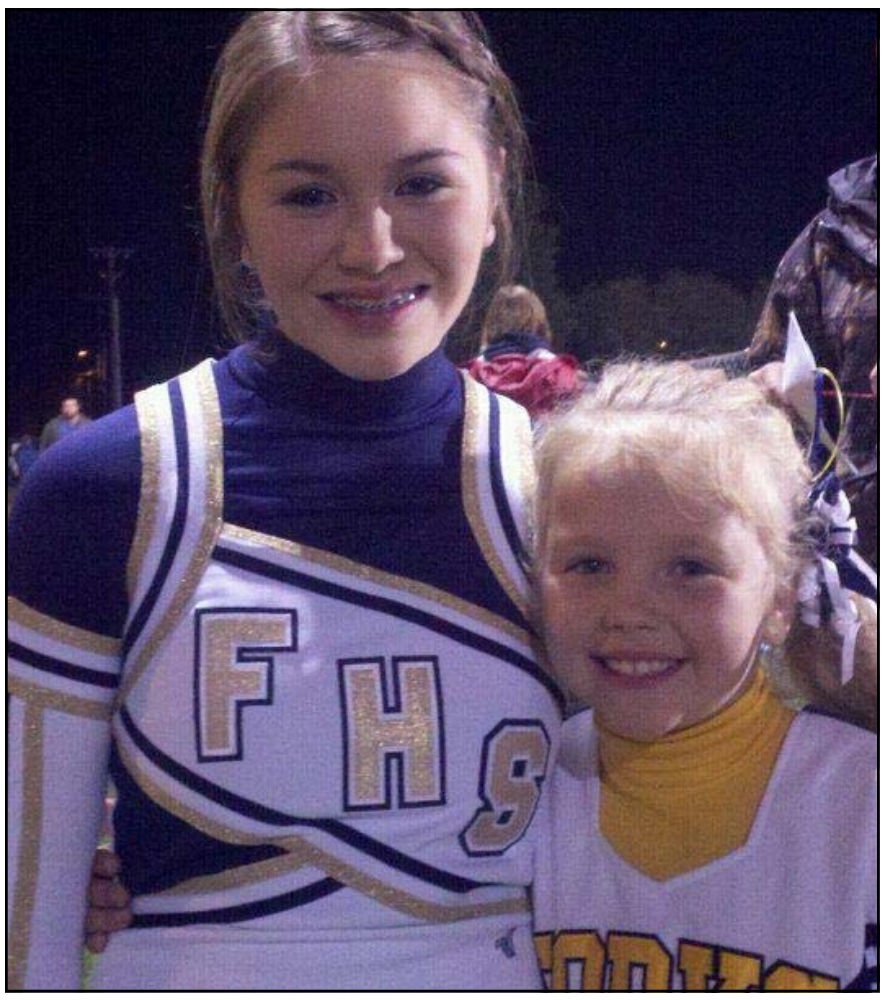
November 11, 2011

12 p.m. at the Community Center

There will be a lunch and gifts to honor the men and women who have served our country.

Everyone is invited to attend.

Quileute Cheerleaders



Congratulations on a great season, Terra Sheriff and Harley Schumack!

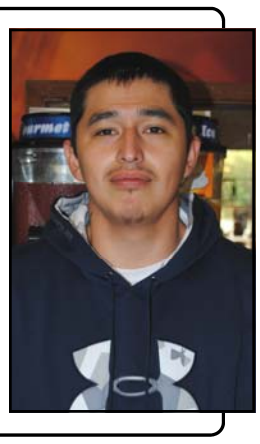
Meet the new employees

As most of you know, my name is **Nicole Baker** and I am a Quileute tribal member. Although I have been working as a cashier at Lonesome Creek Store since February, and I previously worked at the store for 4.5 years, I was recently hired as a fulltime employee here. My job history includes Head Housekeeper at Oceanside Resort and some temporary jobs at the Puyallup Fair. My duties at Lonesome Creek are: preparing deli food, working the register, and offering good customer service. My goal is to make the store a better place for people to come and visit.

When I'm not working, I love to go to drum group and dance. I enjoy baking and beading necklaces, as well as earrings. I also love to spend time with my significant other, Darrin Rosander.

Hello. I'm **Sean Black** and I was hired as a cashier at Lonesome Creek Store. My job is to run the till, check in shipments and products, do dishes, and keep the place clean. I also fish the river when I can, and in the past I've had experience working for Quileute Public Works and a logging mill. My favorite part of this job is meeting new people. I get to know them, where they're from, and help them out with directions when needed. The most challenging part can be staying busy when it's slow and we already have everything done for the day. My goal is to work here for awhile and learn management skills in order to increase my education and advance my position.

When I'm not at Lonesome Creek Store, I spend my time with my daughter, playing basketball, fishing, and hunting. My girlfriend and I are also happy to announce that we have another baby on the way!



I am happy to introduce myself, **Kris Green**, as Quileute Tribal School's new Special Education Preschool Teacher and Special Education High School Teacher. I provide extra support and work one-on-one with students as needed. My goal is to help the high school students keep up on academics and pass the tests needed for graduation. In daycare, I plan on getting the children ready for Head Start by assisting the teachers in creating environments that are geared toward Head Start readiness.

I have previously taught for the Muckleshoot Tribal School, Lummi Nation School, and the Ketchikan Indian community. I received my Masters in Teaching through a program called "Teachers of Native American Learners" from Evergreen State College. I returned to school a few years later to Western Washington University and later received my Special Education Endorsement.

When I'm not at school, I love to hang out with my son, play video games on my Nintendo DS and Wii, hike, ride bikes, and go to the beach.

The Quileute Tribe and the City of Forks proudly announce a holiday fundraiser for our communities' children in need.

Friday, December 2, 2011

Cherish Our Children

A-Ka-lat Center in La Push

5:00 pm

Join us for a festive evening

*** Dinner at 5:00 p.m. ~ seafood plates, fry bread, spaghetti & hot dogs**
*** Silent Auction tables**
*** Live Auction begins 6:00pm**
*** Silent Auction table for kids**
*** Photos with Santa**
*** Local Artisans selling creations for additional holiday shopping**

All proceeds donated to Quileute Housing Authority's & Forks' Santa's Workshop gift giving programs for kids.

Multimedia Design by Sandy

Attention Fishermen

Donations of fish and crab are needed for the Cherish Our Children fundraiser.

If you are interested in donating, please contact Sharon Penn at (360) 374-4278 or Vince Penn at (360) 374-9537.

Spay and Neuter Your Pets

The Friends of Forks Animals have a spay and neuter program available to pets of low-income individuals and families with a low co-payment.

If you are interested in applying for a spay or neuter procedure for your pet, please contact Friends of Forks Animals at 374-3332 for additional information.

Happy Birthday to Enrolled Quileute Tribal Members

November Birthdays:

Ronald Penn Sr.	1
Eugene Jackson Sr.	
John Ramsey	2
Tracy Eastman	
James Salazar	3
Michelle Ward	
Michaela Christiansen	4
Rio Jaime	
Sharon Pullen	
Theodore Colfax III	5
Susan Trainor	6
Jenny Black	
Jacqueline Smith	7
Marion Jackson	
Shayla Penn	
Frank Cooper	8
Charlotte Jackson	
Maw-The-they Jackson	
Jordan Remington	9
Brandon Pappas	
Kasarah Henry	10
Joe Black	10
Nicole Wilcox	
Wilbur Ward	11
Esau Penn	
John Dailey IV	
Lillian Boyer	
Isaac Schmitt	12
Janet Bender	
Kenneth Black	13
Tonya Harrison	
Camille Casto	14
Stephen Smith II	15
Dylan Shepherd	
Teela Sablan	16
Wesley Schumack	
Petty Ward	
Cirilo Lopez	
Jerome Eastman	
Samantha Brewer	17
Bernadette Rasmussen	18
Kayla Conway-Jackson	
Teresa Payne	20
Tonya Garcia	21
Marian Schumack	23
Johnathon Schmitt	
Erica Fonzi	23
Larissa Roldan	
Cody Woodruff	
Ardis Pullen	24
Roger Jackson	
Winston Kaikaka	25
Dakotah Smith Jr.	
Raylee Ward	
Arnold Black Sr.	26
Teresa Vazquez	
Chad Foster	
Geraldine Sisneros	
Jodine Todd	
Roger Jackson Jr.	27
Nancy Williams	28
Donny Williams	
Tallulah Meneely	29
Amari Penn	
Dakotah Smith Sr.	30
Darrell Long	
Terry James	
Mary Coberly	

Pictures from the La Push Halloween Carnival

1. Lillian Penn-Ekegren and Hayden Hinchen wait for their turns in Candy Land.
2. Shannon Ward helps his son Duran with one of the games.
3. Shon-ge-ska Jackson's first Halloween—dressed as a chili pepper!
4. Evan McCloud dressed up as Buzz Lightyear from the popular "Toy Story" movies.
5. Coast Guard crew members volunteered at the Halloween Carnival; they helped run a booth and judge the costume contest.
6. Tallulah Meneely took aim and attempted to knock down her targets.