

bá·yak The Talking Raven

A Quileute Newsletter



Quileute Tribe celebrates Elders Week

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Quileute Tribal School students wore costumes and performed dances at Elders Week. Photo by Cheryl Barth.

This year, Elders Week was reduced to three days: Wednesday, May 16th through Friday, May 18th.

Human Services and Early Childhood Education (ECE) staff were responsible for Wednesday; the Health Clinic held their Health Fair on Thursday; and the Qui-

leute Tribal School organized the activities for Friday.

On Wednesday, Human Services offered beading, family photos, decorating picture frames, and they gifted jewelry made by the Bead Group. The students from Head Start also performed songs, a play, and helped give away gifts.

During the Health Fair on Thursday, there were numerous informational booths and vendors, wellness and craft projects, and blood pressure and blood sugar checks. Everyone was impressed with the pre-packed healthy lunches which were quickly distributed in lunch bags with the clinic's logo.

On Friday, QTS students performed cultural dances as well as modern ones, such as "The Chicken" and "Bunny Hop." After a morning of entertainment, everyone was treated to a traditional Quileute meal.

For more pictures of Elders Week, turn to page 5.

THE DEADLINE FOR ALL SUBMISSIONS TO BE CONSIDERED FOR PRINT IN *THE TALKING RAVEN* IS THE 3RD FRIDAY OF EVERY MONTH.

Donations needed for "Relay For Life" silent auction

The Quileute Tribe "Relay For Life" Team is seeking donations for a silent auction to be held during Quileute Days.

Examples of items that are being accepted for donation:

- Gift Certificates
- Gift Baskets
- Artwork
- Cultural Items
- Baked Goods

If you would like to make a donation or have any questions, please contact Emily Foster at (360) 374-7760, emily.foster@quileutenation.org, or stop by the Quileute Natural Resources office.



From Council Chambers

At the end of April, Quileute Tribal Council held a Quarterly Meeting following the direction given by the last General Council. Tribal Council asked the community for their input and what they expected for future Quarterly Meetings.

These are the issues tribal members discussed and asked Tribal Council to focus on:

- Audit Reports
- Corporate Charter
- Constitution and By-laws
- Review Personnel Policies
- Ethics Committee
- Council Wages/Finances
- Criteria for Per Capita Distribution
- Per Capita for Elders
- Reestablish an Enterprise Board
- Elders Court
- Substance Abuse and Recovery Support
- Developing Comprehensive Tribal Culture Programs
- Gathering of Cultural Resources
- Elder Photos and Biographies for the Senior Center
- Tribal Housing Financial Assistance Program
- Improvements for Elders and Membership

There was also discussion regarding the needs of youth:

- More Activities
- After School Jobs
- Annual Youth Opportunity Program
- Job Training Program
- Safer Environment
- Help with the Cost of Driver's Education

The Quarterly Meeting was very successful with many tribal members voicing their ideas and opinions. Everyone had an equal opportunity to speak about their vision for the community and to ask questions. It was a positive meeting that provided Tribal Council with the feedback



needed to make plans and set goals.

This year, Council has been focused on reducing costs of government spending. They are being more cautious with the tribal hard dollar budget, cutting back on travel, and developing guidelines for contributions to extra-curricular activities such as cultural conferences and sports events.

During the week of May 28-31, 2012, Council held a retreat at the Little Creek Casino Resort in Shelton, WA. Secretary Naomi Jacobson said that Tribal Council planned to incorporate the list generated from the Quarterly Meeting, along with the information gathered from the Community Strategic Planning Meeting in March, to help develop short-term and long-term goals.

In addition, Tribal Council recently met with the following representatives from Washington DC, Bureau of Indian Affairs, and Northwest Indian Fisheries Commission:

Mark Davis, Senior Advisor for the Office of Special Trustee

James Hurban, Senior Examiner for the Office of Management and Budget

Tiffany Taylor, Chief of Staff for the Office of the Deputy Assistant Sect in Management Indian Affairs

Kristen Wright, Budget Analyst for the DOI Office of Budg-

et

Stan Speaks, BIA Northwest Regional Manager

Scott Aikin, BIA Northwest Deputy Regional Director for Indian Services

Bodie Shaw, BIA Northwest Deputy Regional Director for Trust Services

Herb Westmoreland, Department of the Interior

Billy Frank, NWIFC

Justin Parker, NWIFC

The purpose for their visit was to find out about the needs of various tribal communities. Quileute Tribal Council met with the group for an hour, where they heavily discussed the land acquisition, which included: overview of planning, the development process, anticipated project costs, and surveying and cultural studies. Previous Interim Executive Director Larry Burtness made comments during the meeting, explaining that construction is weather-dependent and the surveys will be time-consuming. The tribe cannot build during the autumn and winter months. The representatives also had questions regarding forest fire management, ocean data collection, tsunami drills, and more. In response, Chairman

Tony Foster said, "The Quileute people deal with the environment on a daily basis. It is a way of life."

After the meeting was over, Tribal Council and staff escorted the representatives on a tour of the Quileute Tribal School, Akalat, Head Start, and the Lonesome Creek Fish Hatchery. Secretary Naomi Jacobson and Treasurer Lonnie Foster proudly stated that the group was impressed with the Head Start facility and how their program is implemented in the community, as well as the work being done at the Fish Hatchery.

This meeting and tour are only the beginning in the tribe's lengthy transition process of moving the lower village out of the tsunami and flood zone. Tribal Council will have countless meetings and communications with other federal and state agencies. Council has also reiterated the need for community input when it comes to the tribe's land acquisition. Please attend the Planning Committee meetings, held every first and last Wednesday of the month, to contribute your ideas to this planning process.

Per Capita Distribution

Per capita checks will be distributed on June 27, 2012.

Elder Feature: Delores "Nola" Woodruff



Delores Marie Woodruff, born March 12th to Fred and Sarah Woodruff, has gone by the nickname "Nola" ever since she was a young girl. People often wonder how "Nola" came out of "Delores." It didn't. Nola's parents were friends with a couple from California, named Mutt and Phanola. Since they did not have any children, Sarah Woodruff

said she would give one of her girls Phanola's name. Nola has always remembered being called by this name. She reminisced, "One time, my dad took me and my brothers and sisters to our dentist appointments, and when we had to list our full names, he was like, 'Shoot, go run home and ask Momma what your real names are,' because he only knew us

by our nicknames: Nola, Oly, Putsy, Sonny."

Although her family grew up poor, Nola said her childhood was nice. They would often spend time on the beach roasting marshmallows or hot dogs, if they were lucky to get some hot dogs. Tourists would pay about a nickel to take pictures with the local children. Nola added, "And a nickel was a lot back then!"

Nola fondly remembers her grandmother, "My gram, she would sing to us, after she locked us in bed with safety pins so we wouldn't fall out of the bed. She would also take us down to the beach to collect wood for fires. When my grandma dyed her hair, because it was all white, she got into the fires on the beach and used the charcoal. She'd have charcoal all over her face." Nola's grandmother did not speak English well; she always spoke Quileute. And when she passed away, Nola had even stopped using the Quileute language because it just was not spoken enough by others. Everyone communicated in English.

Nola also recalled how

La Push community members used to always have their doors open, where dinners were shared with friends and family almost every night. Rosie Black would often host these dinners. Each guest would bring a plate, bowl, saucer, cup, and silverware, all wrapped in a dish towel for convenient carrying.

Although Nola left school in the 8th grade, she completed her GED and feels that one of her greatest accomplishments was attending college at the age of 50. She went to Bates Technical College for office programs, keyboarding and data entry, and she did that for two years. Eventually, she guided several young men and helped them with the paperwork to attend a vocational school. Nola encourages others to stay in school, get an education, and to stay away from drugs and alcohol.

Nola is a mother to three grown men: Steve, Gary and James; she has four grandchildren and three great-grandchildren that she loves spending time with. She was previously a foster parent, but it was too difficult because she would get attached to the kids and since it was only temporary placement, she could not do it anymore.

These days, Nola enjoys watching television, going to casinos such as 7 Cedars and Emerald Queen with her best friend Judy, and most recently she has taken up basket weaving. She attended a conference in Lummi for basket weavers and enjoyed it so much she started weaving with Bill Ward at the Senior Center. She loves interacting with others, and Nola invites anybody (not just seniors or elders) to join her and Bill on weekdays starting at 1 p.m. at the Senior Center to visit and weave baskets.



Photos by Cheryl Barth

A Note of Appreciation

I would like to express my deep appreciation to Tribal Council for helping Doug and his family in getting to Seattle. I also want to thank the community for all their prayers for Doug.

-Hazel Black

Department Updates



Quileute Head Start

The **Quileute Head Start** is now accepting enrollment applications for the 2012-2013 school year. Please stop by the office or call **(360) 374-2631** for more information.

Our program provides:

Childhood classes four days a week for three to five year old children

Nutrition services

Family support services

Transportation

Health services

Mental health services

Disabilities services

The Heat Start Graduation will be on June 8th at 5 p.m. at the Akalat. We hope to see you there!

Quileute Natural Resources: Alternative Dispute Resolution

Attention All Tribal Community Members

Over the past couple of years, a plan to establish an intertribal "Alternative Dispute Resolution" process has been discussed among western Washington treaty tribes. A draft document by a work group drawn from most tribes has been developed for public comment by tribal people.

Your Quileute Natural Resources Department and attorneys have been reviewing it and would welcome your comments and questions. QNR will submit a final Quileute commentary to the work

group by June 15th.

You can pick up a copy of this proposal at the QNR office, 401 Main Street in La Push, WA. If you have comments, please make them in writing on the document or separately, and turn them in to the Quileute Natural Resources office by Monday, June 11th.

New Beginnings policies for clients

Unfortunately, I am all too aware of the fact that domestic violence and sexual assault emergencies do not always take place during regular business hours (Monday to Friday, 8:00 A.M. to 4:00 P.M.). For that reason, the New Beginnings program has a cell phone, (360) 640-5745, for after-hours emergencies. While I cannot guarantee that I will be available, I do my best to provide assistance as needed. In the event that you need an advocate for an after-hours emergency related to domestic violence or sexual assault, and you cannot reach me on my cell phone, you can always contact the Forks Abuse Program's crisis line at (360) 374-2273 and be connected with one of their many advocates.

After business hours, the New Beginnings cell phone

is for **emergency purposes only**. There are only three reasons to contact me after business hours:

1) If you need to access a safe house because of a domestic violence/sexual assault (DV/SA) incident

2) If you need an advocate present with law enforcement because of a DV/SA incident

3) You are in need of medical assistance because of a DV/SA incident.

Please do not call or text me during non-business hours for non-emergencies as I will not respond and if I continue to receive after-hours non-emergency texts and phone calls, I will cancel the program cell phone as the non-emergency calls and texts are very disruptive to my personal

time. While I want to provide assistance, non-emergencies need to be addressed during regular business hours. If you have any questions concerning the New Beginnings cell phone policy, please do not hesitate to contact me at my office: (360) 374-5110, on my cell phone (during business hours) or via email: monica.henry@quileutenation.org. Additionally, my place of residence is a private home and under **NO** circumstances, other than an immediate life-threatening situation, should a client come to my private residence.

Thank you for your understanding!

Monica Henry, Quileute Tribe New Beginnings Program Manager & Victim Advocate

Quileute Personnel Office: Job Listings

ICW Case Worker at Human Services, opened May 23, 2012 and closes June 6, 2012 *or until filled*. **Salary:** DOE. The primary function of the Quileute ICW Worker is to provide Indian Child Welfare Liaison Services within the Quileute community as well as providing consultative services to Washington State and county agencies working with Quileute children and families. Duties include: establishing and maintaining client files; establishing case plans for children and families who have open cases with-

in the program; performing joint case planning with Washington State DCFS Case Workers; and more.

General Accountant at Quileute Tribe, opened April 17, 2012 and closed April 30, 2012 *or until filled*. **Salary:** DOQ/E. Duties include: preparation of balance sheet and revenue and expense accounts reconciliations and analyses as required for all audits; preparation, reconciliation and management of tribal fixed assets records including depreciation cal-

culations; tagging and identification of fixed assets; and conduct of periodic physical inventory, and more.

The Talking Raven is published once a month, so we encourage you to check in regularly with the Personnel Department for current job openings.

For the complete job descriptions, visit the website at www.quileutenation.org/employment/job-openings or contact the Personnel Department at (360) 374-4366.

Bá·yaḵ

The Talking Raven

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Edited By
Emily Foster

Phone:
(360) 374-7760

Mailing Address:
The Talking Raven
PO Box 279
La Push, WA 98350

Email:
talkingraven@quileutenation.org

Quileute Tribal Council

Tony Foster
Chairman

DeAnna Hobson
Vice Chair

Naomi Jacobson
Secretary

Lonnie Foster
Treasurer

Chas Woodruff
Council Member

QTC Contact Information

Mailing Address:
Quileute Tribal Council
PO Box 279
La Push, WA 98350

Phone:
(360) 374-6163

Roseann Fonzi
Interim Executive Director
Phone:
(360) 374-4367

Photos from Elders Week



1. Chris Morganroth III volunteered to tell Quileute stories for the Head Start children.
2. Students loved doing the "Bunny Hop," a dance started in the 1950s.
3. During the Health Fair, Brenda Nielson and Vince Penn presented Jay and Vickie Powell with smoked salmon.
4. Leroy Black provided the students with direction during their ballet performance.
5. A highlight of Elders Week is the dancing, as seen by the smiles on the faces in the background.
6. Head Start children had fun performing a play for the audience.

Photos by Cheryl Barth

Hiba' Kwashkwash [HAY-buh quash-quash]: The Jay Squawks



Jay Powell transforming into kwashkwash, Blue Jay.

K^wo^liyófilo ʔsiḱáti: K^wáya Kaló^wa (Tádi[?] 2) Quileute Territory: The Calawah River (Part 2)

Salmonberry Days – **Cha[?]álowasíḱtiyat. Cha[?]álowa** is the word for a salmonberry. June is the moon when the Old People here at La Push used to say, **Híxas Cha[?]álowasíḱtiyat xáxi ókiḱ K^wo^liyófilo ʔsiḱáti. ʔítsa[?]alíhlo. ʔalak^wó^wa ʔítsa cha[?]á?** [‘It’s Salmonberry moon here in Quileute territory. Let’s go get the berries. The first berries of the year are ripe.’]. Ah, big, sweet Quileute salmonberries!

I remember one time in the summer of 1969, my first year in La Push, Old Man Woodruff and I would record Quileute words in the morning. I was living in a little canoe carving shed next to Ribs Penn’s trailer. It had blankets over the windows, which were all broken out. When we needed to take a break, Woody would say, **Wáli ʔwópatli kwápi. Kitaxásdo tas álash-li cha[?]álowa.** [‘I don’t want coffee. Let’s go out and eat salmonberries.’] We’d go out behind the shed where there were **cha[?]álowa -pat** [‘salmonberry bushes’] just full of berries. One time, Big Bill came over and joined us. He and Woody started to talk (between mouthfuls of berries) about how the old people used to get excited over the first sprouts and berries. The winter menu in the old days was a steady diet of hard-dried fish with only occasional shellfish, elk or deer. Bill said, “The old people used to eat a berry and say, **Íshkida** (ISH-kid-ah), which is the word for ‘Oh, Boy!’ But Bill laughed and explained that it’s also the word for, ‘Ouch!’ In Quileute, one says the same word for a pain as for a pleasure, for

any strong sensation.

Lib pots[?]óḱ^w-áḱtiyat, 2012. **Elders Week.** Vickie and I came down and it was such a pleasure to spend a couple of days with the village elders and guests from other tribes. On Friday, I sat at lunch with Leda Shale (from Queets) and Chris Morganroth III, among the last of those who can talk Quileute and have fun with the language. That’s one of the things we remember about the Old People. They had so much fun with the language. When the kids were doing the chicken dance, Chris said, “Ah, the **hawího** hop!” (hah-WAY-ho, ‘chicken’). And, Leda laughed and pointed at someone and said, **Wá ʔax^w ʔwísi[?]li. Kidátlíxas!** [‘Don’t believe him. He lies!’]. They were just joking, but doing so in the way the old people always did. Porky used to say, **Wá ʔax^w ʔhasiláḱala. Shik^wchiḱit-swáxas.** [‘Don’t worry. He’s pulling you on the leg!’], which is a way of translating English into Quileute in a humorous way, the way the oldtimers always have...and I’m not pulling you on the leg!

At the end of the Elder’s Day lunch, I was talking to the film crew who were doing videos of the festivities and one of them asked, “What do you think the Old People would say about Elders Day if they came up from the **tatíḱtal** [graveyard] and could take the microphone and tell their reaction to the village and people today?” I said, “I think they’d say, like Martin Luther King, **Ix^wak^wsil-ha[?]li howiyá-li k^wok^wál K^wo^liyóḱsḱ^wa ókiḱ chi[?] hùtiyóli** [‘I have a dream that I will always hear Quileute words in the village’]. The word for *dream* tells us something about how traditional Quileutes think about dreams. It starts with **ix^wa-**, which means ‘spirit world.’ As do words

like **ix^watóla** [‘shaman, who travels in the spirit world to heal people] and **ix^watóḱ^woḱ** [‘a dance mask, that turns a human into a spirit dancer’]. So, when Quileutes say, “I was ghosted last night’], they are thinking in the old way that a dream can be a spirit event in which a ghost from the **yalá[?]ak^w títipa[?]d** [‘the spirit world, appears’]. We’ll talk about that shadow land, the land of the dead, later on. But this is just another example of how the incredibly expressive Quileute language gives us hints that teach us to think like the ancestors.

But, let’s get back to the rivers of Quileute territory. Last month we discussed the **kaló^wa** [kah-LO-oh-wah, ‘in the middle’] main stem, the part of the river from its mouth up to the place its two major tributaries, the North Fork of the Calawah and the South Fork, merge. In this article, I’ll be discussing the North Fork, up to its headwaters above Pistol Creek in the Olympics. Charlie Howeattle told me that the Old-time Quileutes avoided the upper North Fork of the Calawah if possible, or traveled there in a group, but he didn’t know why. I think I can explain it and will try below as we go along.

The first feeder creek above the confluence is Western Cool Creek, called in Quileute **Dóx^wa ʔa** [‘man’s urine creek’], possibly because of the color of the creek water. The English name Cool Creek derives from the Quileute name **ʔí[?]iḱ**, which means ‘cold’ or ‘cool’ water, and is actually the name of the entire river watershed all the way to the ocean. There’s another **ʔí[?]iḱ**, too: Rialto Beach on the north side of the mouth of the Quillayute River, where it entered the ocean until it changed course in 1912. Eastern Cool Creek is called **Kaxá[?]yátsit** [meaning ‘Twin Creek’ or ‘Crotch Creek’], possibly because it enters directly across from Fahnestock Creek [**Yakális**, meaning unknown]. According to Hal George, “This is as far as a bad trail up the north side of the river went (back in the early 1900s).

Just above the mouth of **Kaxá[?]yátsit** is the home of **Dás[?]kiya**, the kelp haired, child-snatching, wild woman of the woods. It was here that she would bring the children that she kidnapped in the Forks (Upriver) prairie. She would carry them in a burden basket with a tumpline across her forehead, singing to calm them until she could get them home, start the cookfire, roast and eat them. She has always been the bogeyman of Quileute folklore. And although there are numerous **kixí** [‘mythic stories’] in which she dies, Quileute parents still admonish their chil-

dren, “Don’t you do this or that outside at night or **Dás[?]kiya** will grab you, put pitch in your eyes, carry you off, and eat you up instead of pizza.”

According to William E. Penn, this is also the location of one of the most interesting stories in Quileute folk history. The story goes like this. Back in the 1840s, there was a year in which the fish didn’t run and the snow was so deep that the elk went elsewhere. Many villagers along the **kaló^wa** died of hunger. One day a woman went down to fetch water and saw an elk hair in her bucket. She knew that there was an elk upstream, but all the men in her settlement were comatose. So she started walking upstream. Indeed, she saw a herd of elk which took off running at her approach. They ran for miles and she followed, finally finding the elk stuck in snow up to their necks. The woman struggled up to the herd and she cut the necks of several with her mussel shell knife, thereby saving her family and neighbors from starvation. Little Bill said that the heroine of the story was his great grandmother, the wife of **Ta[?]axáwiyaḱ**. Note that George Pettitt, who served in La Push in the Coast Guard during WWII and later returned to write a PhD thesis about the Quileutes, reported hearing the same story from other families. What is interesting about the story is that the times are different from normal, that the hunter is a woman hunting in a place where Quileute hunters didn’t go. Everything is transformed to the opposite of ordinary traditional oldtime Quileute life. Yet, actually, I think that the story of the heroine hunter seems to have happened on the North Fork of the Calawah for a reason.

That reason relates to the fact that from Mile 9 to Mile 15 of the North Fork, the river goes dry during the summer. The Old People believed that the river went underground to become the river that souls had to cross to enter the **yalá[?]ak^w títipa[?]d**, the land of the dead, where traditional Quileutes believed that everything was opposite of ordinary life – the ghosts sleep during the day and are up at night; and when they catch fish, they throw away the meat and eat the guts and bones; and they use mossy old canoes with holes in them. They believed that somewhere in this area of the river that goes dry was the main entrance to the path that led from this world to the next, and the souls of the dead would travel it and “crossover” the North Fork of the Calawah at the bottom of the trail. Nobody knew where the **hibítipit** (‘main entrance’) to the underworld was. And since souls (or people) who enter that opening could never

Continued on page 7

Hiba' Kwashkwash [HAY-buh quash-quash]: The Jay Squawks

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return until they were ready to be reincarnated, the entire area was avoided. Thus, the story of the heroine hunter, in which the details are reversed, seems appropriate to have happened in this section of the North Fork of the Calawah. One reason why the **tàłáykila pots'óq^w** may have avoided the North Fork is that spirits passed along this way on their way to the entrance to the underworld (at night, of course). Charlie called it **la'wk^wółkíł** ['no trails'].

There was a path from the upper Sol Duc to the upper North Fork of the Calawah, probably running from the south bank of the Sol Duc just above Snider Camp along Kugel Creek, joining the North

Fork just above Canyon Creek. Hal George said that in about 1920, Jerry Jones told him that he had trapped a big marten on the upper North Fork following an overgrown trail and that he had found a deteriorating river canoe along the river. This makes it clear that in traditional times the Quileute used the upper North Fork above the section of the river thought to be frequented by ghosts.

The mouth of Canyon Creek was called **Čháx^wa** ['pouring out' or 'overflowing']. Pistol Creek was called **Tałkíslí Ǿá** [Half-blood, actually 'Half skin', Creek]. That was a term commonly used in the old days, because lots of Quileutes had mothers from different tribes. Some of these "half breed" Quileutes

were **àwoq^wołpá'át** [the son of a slave mother and a Quileute father]. Slaves were generally taken in raids in the old days, and only females were taken as they were considered to be less apt to escape or revolt. Those raiders didn't know Quileute women very well! Also, marriage outside of one's tribe was common, and generally brides moved to the husband's community rather than vice versa, because it was important for males to know their hunting territory. It would be interesting to know how Pistol Creek came to be called "half-skin" creek.

Not much is known about Quileute use and occupation of the upper reaches of the North Fork of the Calawah. That it was visited by Quileutes is indicated by the fact that Hal

George knew the name of two places above Pistol Creek, although he had never been there and didn't know exactly where they were: **Tsitskits-shíksa** ['sharp rocks pool'] and **Čhachayásli** ['snag forest'].

And that's a "once over lightly" description of the Quileute folk history of the North Fork of the Calawah. I always find it interesting how clear it becomes, when I compile this type of description of Quileute territory, that the spirit world played a remarkably focal part in the ancestors' thinking and actions.

Kwashkwash
Jay Powell
jayvpowell@hotmail.com

Jackie Jacobs Reporting

Bryn Nelson, a Seattle-based science and travel journalist, visited La Push to showcase the Quileute Tribe for a feature about tourism on reservations. The feature is for a publication called High Country News, which is a highly-respected magazine that focuses on issues affecting the western U.S. Its website: <http://www.hcn.org>.

A major focus of the story is on how different tribes are approaching tourism, how it has changed their communities, what their members see as the opportunities as well as the challenges, and how the community can reap the benefits while protecting against exploitation or disrespect from visitors.

Vice-Chair DeAnna Hobson hosted Bryn at drum circle on behalf of tribal council.



Quileute Days Royalty for 2012-2013

Quileute Royalty Contestants:
Mr. & Miss Quileute
Junior Mr. & Miss Quileute
Little Mr. & Miss Quileute

If you are interested in representing the Quileute Tribe at events, functions, and gatherings for the 2012-13 year join us on Friday June 15th at 1:30 p.m. in the West Wing. Please bring tribal ID and be sure to turn your packets into Leticia Jaime at the Tribal Office!

Guidelines, Eligibility and Rules

- Must be a full-time student
- Must be less than 18 years of age
- Must be an enrolled member of the Quileute Tribe with proof of enrollment
- Complete all required paperwork
- Must not have previously held the title of Quileute Royalty for your age category
- Must not have any children or become pregnant during the duration of your reign
- Must have effective communication and interpersonal skills
- Must have knowledge of the Quileute traditions, history, culture and customs
- Must be willing and able to represent the Quileute Tribe and its activities, especially Quileute Days
- Must be willing and able to assist planning activities and participate in various functions throughout the year
- Must be responsible for own regalia

Any Questions? Contact:
Leticia Jaime (work) 360-374-5131
(cell) 360-640-1685, email:
leticia.jaime@quileutenation.org
OR
Nicole Bender (cell) 360-640-0083

Ocean Going Society Announcements

Ocean Going Society Meetings will be held:

May 31st: 5 p.m. at the Community Center

June 7th: 5 p.m. at the West Wing

June 19th: 5 p.m. at the Quileute Tribal School Multipurpose Room. The Coast Guard will also be presenting Water Safety Training.

July 5th: 5 p.m. at the West Wing

July 12th: 5 p.m. at the Community Center. The Qui-

leute OGS will be hosting the canoe landing on this day at Joint Point with a meal, singing and dancing to follow.

OGS has an art contest for a logo. The winner will receive \$75. Please submit artwork to Leticia Jaime at the Tribal Office by June 7, 2012. For any questions, contact Melinda James at (360) 640-4808.

Volunteers are needed! OGS seeks two head cooks and two assistant cooks. If in-

terested, please attend the meeting on June 7th.

Canoe practicing will start taking place (depending on weather) so keep your eye out for flyers!

There is an opportunity to finish second cedar strip canoe at the 101 Building starting June 7th. You MUST be checked in at Accounting Department for a background check and for safety purposes.

Jackson-Ward earns ribbons at horse show

By Karen White

One of the Quileute students, Miranda Jackson-Ward, has turned out to be a real cow-girl! Miranda started coming up to our home in Beaver in the summers a few years ago and riding our horses. She seemed gifted at it, as she had a natural, balanced seat and was determined to make the horse obey her, never taking "no" as an answer from her horse! Last fall I asked her if she would like to start preparing for a horseshow coming up in the spring, as we'd missed the last show of that season. She was eager to train for the show; she worked with our Pony of America, "Mister," for hours, putting him through his paces and maneuvers needed to compete in Western Pleasure, Showmanship, and Trail classes. Miranda was tireless and didn't stop practicing until she had mastered the vari-

ous skills needed to perform at a show.

On May 6th, my husband and I took Miranda and her horse into Port Angeles to Baker Stables. She was entered in several walk-trot classes, which took about four hours to compete in. There were many riders in most of the classes. Miranda rode calmly and determinedly through the courses, putting her lessons into practice and learning more by watching the more experienced riders put their horses through their paces.

She began placing and earning ribbons and ended up earning the most total points of all the walk-trot class entrants at the show! She won a total of five ribbons. She was delighted to find she had earned a brand new, beautiful grooming package from Cowboy Country, which was the prize for earning "High-Point" in her division of



classes.

There will be more shows this coming summer, and we are planning to attend at least some of them with Miranda as the summer progresses. She is a very talented and

determined young lady, and we will be rooting her on as she pursues her newfound passion.

We are so proud of you Miranda, for working hard and having a phenomenal first horse show experience!

Water Safety, Youth Council, and More



Seaman Jessica Allen discussed hypothermia and asked two volunteers to help demonstrate the early symptoms of this condition.

By Ann Penn-Charles

This past month has been really busy. Four Coast Guard crew members from Station Quillayute River presented a class on Water Safety on May 9th for the upcoming Canoe Journeys. Twenty-eight people of all ages attended the training. It was very informative for our pullers and the ground crew. We will have another class at Family Fun Night on June 19th for those that missed the May training. Our Quileute Ocean Going Society is asking for all to participate in the Water Safety training. There are many tips that even a seasoned puller should brush up on. Hope to see you there!

Youth Council is being organized by Events Coordinator Russell Brooks with youth from both the Quileute Tribal School and the Forks schools.

We held meetings on May 10th and 12th at the West Wing. We encourage all youth to attend and give input on their Youth Council. Now is the time for the youth to step up and be our future leaders to work right along with the current Tribal Council.

Our QTS students gave a presentation to the Tribal Council about the Strategic Planning Meeting and the needs of the youth. Council is very supportive and encourages all youth to participate in the Youth Council. I would like for the Youth Council to help us deliver the message that drugs, alcohol and violence are not our traditional ways of life, and I want to ask the youth to help make signs like we see at other reservations such as Lummi, Makah, Tulalip and the Port Gamble S'Klallam: "Drugs are not our traditional ways of life," "Hugs are better than drugs," or

"Hands are for hugging and not hitting." These are just a few examples of the posters I have seen hanging in other tribal communities.

The Quileute Ocean Going Society hosted a meeting with this year's Canoe Journeys host tribe, Squaxin Island, on May 19th at the Akalat Center. We provided lunch to those that attended the meeting. The hosts were able to give out information on the routes that are to be taken along the journeys, where the landings are, and other items that are necessary to the canoe families in attendance. We had eight tribes at our meeting. The Squaxin Tribe is asking each tribe to bring traditional foods to share. It is a time that we will be able to share our traditional foods with our relatives, friends and other canoe

families! The Quileute Ocean Going Society invites you to come make a beaded item for the Canoe Journeys to be handed out at the final landing at Squaxin Island. Beading classes are every Tuesday from 12 p.m. to 1 p.m. at the Quileute Human Services Conference Room. Come on over to help make a necklace, bracelet, earrings or a bolo tie.

It was fun working with the Quileute Head Start Program to get them practicing the songs they sang at the Elders Week Honoring on Wednesday. It was a great turn out for the students and was a very busy week to show our love and respect to our elders and those visiting. Hope to see you all at the Head Start Graduation on June 8th at the Akalat Center!

Quileute Tribal Crown Weavers

This year's royalty of 2012/2013, we are seeking a total of four (4) royalty crowns to be presented: 1) Ms. Quileute (Queen) 2) Mr. Quileute Warrior (King) 3) Ms. Quileute (Junior Princess) and 4) Mr. Warrior La Push (Junior Prince).

We want to encourage all weavers to come and present your product or ideas to us no later than Thursday, June 21st, 2012 before noon. Selected vendors will be notified by July 5th, 2011. If you have any questions please don't hesitate to contact us; information is provided below. We will be looking at the detail, quality, and price of crowns. We as Quileute People want to keep our traditional Quileute weaving (along with traditional materials) alive in our crowns that will identify our royalty.

Thank you,

Leticia Jaime
Work: (360) 374-5131
Email: leticia.jaime@quileutenation.org

Nicole Bender
Cell: (360) 640-0083

Tribal leaders met with Senator Kilmer



Chas Woodruff and Steve Kilmer

By Julie Johnson

Tribal Leaders from the Washington State's 6th District met with State Senator Derek Kilmer who is running for election in Congressman Norm Dicks' position this coming November.

Tribal leaders discussed their priorities of treaty agreements, trust responsibilities, social and health services, contract support costs (CSC) in the administration of federal compact, and contract and grant agreements. Discussion was held on the importance of tribal consultation in the development

of federal rules and regulations of services for Indian tribes. They also discussed how tribal programs are prioritized through the participation of tribal leaders and their staff in presenting issues to the Affiliated Tribes of Northwest Indians (ATNI).

Henry Cagey, Lummi, commented, "ATNI has always been, and continues to be successful at organizing tribes and tribal leaders and their staff members to collectively share and provide information on their needs. Many of the needs expressed at these meetings are developed from other highly proactive organizations, such as the Northwest Portland Area Indian Health Board (NPAIHB), the Intertribal Transportation Association (ITA), the National Indian Child Welfare Association (NICWA), the Intertribal Timber Council (ITC), the Northwest Intertribal Court System (NICS), Native American Business Entrepreneurs Network (ONABEN), and the ATNI Economic Development Cor-

poration (ATNI-EDC), TANF, Washington State Indian Education Association, AoA Title 3 & 6 Senior Citizens Association, and the Native Vote 'Get Out the Vote' committee of ATNI." Henry mentioned that 56 Tribes and their staff members from Washington, Oregon, Idaho, part of Montana, Alaska and Northern California attend these quarterly workshops to work hard to keep up on the issues facing our tribes at the local level.

Charles Woodruff, Quileute Tribal Council, thanked Senator Kilmer and invited him to La Push to visit with community, staff and tribal leaders to discuss the priorities of the tribe and costs associated with moving to higher ground out of the tsunami zone.

Leonard Forsman, Chair of the Suquamish Tribe, shared with Senator Kilmer that, "Many of the issues discussed and resolutions passed at the ATNI quarterly meetings are then taken to the National Congress of American Indians (NCAI) workshop and conferences by our tribal leaders and staff. Once a resolution of tribal priorities is passed at the NCAI level, we then share these issues with our elected officials in Washington DC."

Pearl Capoeman-Baller, Quinault, discussed the need for an increase in direct health care services funding and the need to support CSC administration funding for health care. She also talked about the diabetic funding and that these funds should not be competitive.

Michael Lawrence, Makah, discussed the need for economic development funding and funds needed to close the landfill at Neah Bay.

Senator Kilmer was introduced and was asked to provide a background on his career. He stated that he was elected to the 26th district Washington State Senate seat in 2006, serving as the Chair of the Senate Higher Education & Workforce Development Committee. He was re-elected in 2010, and is currently the Vice Chair of the Senate Ways and Means Committee.

This will be his first bid for Congress.

"My job is creating jobs," Kilmer said in a press release to announce his campaign on Monday. "When I'm not in Olympia, my job is to work with businesses in Pierce County to help them grow and thrive. We could use more folks in Washington who are focused on creating more jobs with better pay, and that's what I'll do in the U.S. House of Representatives."

Kilmer was born and raised in Port Angeles, graduating from Port Angeles High School before earning a bachelor's degree in public policy from Princeton University and a doctoral degree from the University of Oxford in England. Kilmer first ran for the 26th Legislative District in 2004, defeating a Republican incumbent to be elected to the Washington State House of Representatives. He was elected to the Senate in 2006 with 59.9 percent of the vote. He lives in Gig Harbor with his wife and daughters.

Kilmer went on to state that his goal is to visit all 10 tribes located within the 6th District and looks forward to meeting each of the elected officials, community and tribal staff members. The tribes located within the 6th District include: Quileute, Chehalis, Port Gamble S'Klallam, Quinault, Jamestown S'Klallam, Lower Elwha Klallam, Makah, Hoh, Suquamish and Skokomish. Two additional tribes have trust land within the 6th District: Squaxin Island and Puyallup.

After the meeting, Senator Kilmer sat with tribal leaders for two hours and informally discussed issues with the tribes. At the conclusion of the meeting it was reported that the Quileute, Makah, Quinault, Suquamish and Lummi Tribes all donated to Derek Kilmer's campaign and will work to 'Get out the Vote' in the upcoming election in early November 2012. It has also been reported that Swinomish and Jamestown S'Klallam Tribes have also donated to the campaign to elect Kilmer as the next Congressman from the 6th District in Washington State. \$14,000 was collected from tribal leaders and community members at this event.

Quileute catches 42 lb. Chinook



Quileute fisherman James King caught a 42 lb. Chinook Salmon during May. Pictured above, his brother Steve Ratliff is holding the spring salmon at High Tide Seafood.

Happy Anniversary

Happy late Anniversary to Roger and Arlene Jackson. They celebrated their 56th Wedding Anniversary in April!

-Ang, Checks, and Chenoa

Counselor's Corner



At times, maybe I risk offending others when I write these articles.

That's because any change in an

individual (me or you) **or a community** is seemingly stimulated by things reaching a certain level of discomfort. Examples: if someone is sick and tired "enough" of being fat (like I was), they will finally take the advised, educated, and logical action to face the problem and deal with it. Another: if an individual is sick and tired of alcohol or drug use, it's the discomfort that is causal of that individual's decision to take the **required best-taught and logical action** to end the problem. Likewise, if a community is sick and tired of certain problems or conditions, the community has to take serious and community-supported actions necessary to end the issue.

I am trying to cause a bit of discussion and anxiety. I'm not trying to get you angry. I am trying to motivate you, the whole community, to take actions as a community to fix, mend, and tend to what needs fixing with regards to drugs and alcohol within our community. I'm not trying to make anything worse. I am trying to make people want to be accountable for themselves, their families and their community. To be sure, following good, orderly direction is paramount for individuals, groups, and communities to actualize the needed changes.

At a deeper level it's usually a waste of money, time, and emotional health for any individual or community to expect changes in people, or in any community, but not be willing, ready, and directly involved in the process. So I point this out; no person or any community can ever change unless that person or that community is actively engaged in that process and committed to the end result. There must be actions after the discussions are done. Discussion without action is air.

Your Council and your employees work pretty darn hard. We try hard to work with systems and individuals to help things change for the better. But Councils and employees can't fix community problems without big-time community actions that have lots of volunteers from the community actively involved. I know there are

lots of you that do step up for many events and celebrations and other important needs. But this time it will take a community.

So now, further I go. Outsiders. No outsider can make a person or a community change. *This or any change must originate from within.* Outsiders have ideas but only the individual or a community that takes direct and self-motivated action will ever change for the better. On the flip side, an individual or community *that doesn't take action* has really no chance of change or improvement. In fact, over time, things can and usually do get worse.

Out of breath, I go on.

Let's talk more about Community for a minute. I capitalize because it's that important. I believe a Community's spirit is projected and reflected by its visual appearance; by its community volunteer participation; the Community's level of serious, noticeable, and *active* commitment to its youth; and finally, the Community's commitment, displayed by its supportive actions, to its leadership. However, should any Community be caught up in generational grief, anger, shame, resentment—yes, all kinds of energy-draining, negative emotions or feelings—its upcoming youth learn the same negative emotions and they become clamped into unhealthy, toxic and self-defeating personal actions, habits and defensiveness. Once a person reaches this point and state of being, their ability to bloom, flourish, and excel is dampened. Once that spirit is dampened, diminished, and sometimes flat out defeated, that person starts looking for shortcuts to feel okay and to handle their lives. They sell out. They quit trying to really have a solid, great life. *And so goes a Community.* The Community is as healthy as the weakest parts of the whole. Just as cancer can bring a person that's otherwise healthy as an ox to their knees, a few toxic individuals can end up damaging a whole Community. And once a Community is ill, that Community must come together or the illness will continue its work and spread.

That is the broken spirit of the individual. And that's also how communities become fractured, ill and toxic.

I have to say with no reservation whatsoever, that the Quileute Tribe has endless potential. Endless! You are brilliant, charismatic, enduring, lov-

ing, strong yet gentle, emotional yet quick to perform heroic acts of valor; totally the salt of the earth. But we often see and hear about toxic generational family squabbles, family power-seeking, more blaming, anger, resentment and defiance, rather than ALL the families of La Push throwing aside their differences for the greater good of this community. I hope to be alive to watch this tribe put all its power in one basket and do all projects as a community; no one looking for someone else to do the work. No waiting on others to fix things. Everyone eager. No personal agendas, no family agendas, only a combined effort toward community wellness.

So here is where I take a bigger risk at offending some: it really will take the whole community saying no more safe haven for the drug dealers here. Honestly. Let's think about this. How can a tribe better its people when some outsiders, and a few local grandparents, parents, and yes, even sons and daughters, are dealing their heroin, pain pills, pot, crystal meth, and cocaine to anyone with enough money, including the Quileute youth? This is so toxic to any Community but especially to smaller tribes, towns, and smaller reservations.

Do you know how big of a problem it is here *and elsewhere too?* The lure of easy money, (dealing), the excitement of "getting away with it," having the ability to go buy what you want, the high of the drugs; it's all so contagious and the feelings can be overwhelming. Way powerful. Example: a person that is prescribed just three, ten milligram methadone pills a day, a normal dose for moderate to severe pain, can make a thousand dollars in a few hours or a few days, simply by selling it. \$1000.00 in a day or two. Then, if they choose, they can buy other drugs and sell that too. So if you have, let's say, five to ten folks in La Push selling their prescriptions (you doubt this?) and many others selling other drugs, like heroin, **how can that community be healthy?** Yes, we would like to believe that it's mainly outsiders coming here to sell. But it's also insiders. See, drugs don't care who you are or where you came from. So is it too hard to believe that maybe your own family member is selling pills or drugs too? Smoking/shooting up heroin?

A few people in La

Push get hundreds of narcotic pills a month. Shame on the doctors for overprescribing. Now for most of these people their medical conditions are valid and the pills help them cope with their pain, making it possible for them to have a somewhat normal day. But for some people the object is to sell as many pills as possible while using as few as possible. **THAT IS DRUG DEALING.** Who are these persons? Who would sell narcotics to a kid? Why are these people committing such sinful/criminal behaviors?

You know that there are drug dealers coming to La Push and some are just locals living in La Push. You already know this. Some sell drugs to make ends meet, to pay rent, buy gas, clothes, and some just sell to buy more drugs or to get their favorite drug of choice or to prey on young women. Many just dealt drugs to go party, get high and to be seen as a "somebody." In the end, no matter what the reason, it's still drug dealing. Sorry, it's drug dealing.

In about 2004, I had a list. This list indicated what each person sold (pills mainly), and how much they charged. These were mostly folks living here. This list was given to me by a person that needed to confess to get better and stop using. Other individuals have needed to let go of their secrets too. Patients have a far better chance to get better by doing this. In treatment programs we know that "Secrets Keep Us Sick."

By the way, this is also true for a person/family and/or a community. Transparency eliminates all need for secrets. And a transparent family has healthy family members. How can a person/family/community ever grow healthy when the secrets you are keeping, are what keeps the person/family/community toxic? Drug dealing is a big deal here but few are talking and even fewer are taking action. Are you ready to get it all out in the open? If not, the village can't grow, mature, and get healthy. That's exactly how I feel about this.

I pray that the people of La Push rise together, form a committee of willing volunteers to march/act/pray, together in solidarity turn in those you know that are dealing (unless they quit doing it now), and stand strong together as one

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Counselor's Corner

Continued from page 10

family. This isn't just your own family matter anymore. Stand for a healthy and wealthy community as the courts try to show that dealing in La Push will put someone in jail for months, not just a couple days. Stand for what's really important and do this as a community. Put family issues aside and be as one if you will.

Do not believe this to be shameful to you or as bad for your family. Please, I pray that you know this; you will save lives that end an average of seventeen years earlier because of chemical use. You will see your individual families get healthier and wiser, you will increase personal motivation in people to succeed and you will help people strive to get a better education so that in the end Quileutes will have good jobs, better families, and far more wealth. Then people will better support their families with pride and health.

The jobs some of us outsiders have, here in La Push, should be eventually filled by your community members. That should be a goal of individuals in school here, but without being clean/sober/healthy and getting a higher education, with-

out each family and an entire community pushing these fine youth to succeed, without countless hours of volunteer work standing by these individuals, too many youth fall down, give in, give up, and get high.

Russell Woodruff and others have taught me many things in many ways. Recently Russell suggested that La Push have lots of signs designed and made by the youth. The signs would be community messages to the dealers, both local and the outsiders. The message? No dealing in La Push. No safe haven. You will be turned in. The main theme is that the youth stand for more than La Push being a drug dealer's paradise. The youth want the culture of drug dealing and use permissiveness to end now! With the Council's support and Miss Ann's program with the youth, with lots of youth willing to stand together and other many, many Quileute volunteers to help put the signs up, we can start to change the perceptions the dealers have that La Push is open for drug selling and drug using business as usual. And with the police, the court, and all of you taking a strong stand, you can begin to change this community and the drug using culture too. Dealing and pos-

sessing drugs in La Push by anyone, even your own family member, needs to be a serious crime and not a crime that should be excused. Certainly if that person goes to inpatient and follows a full treatment plan till they graduate from outpatient, that person deserves some clemency. So now the Community as a whole should come together and get to the heart of this issue.

Once the youth are safer from the temptation, once the youth know that legal charges for drug crimes are too serious to risk, once the youth have a solid investment in their own efforts toward ending the prevalence of drugs and drug dealing in La Push, chances are the youth will continue to rise together to stand for more than the same old problems, over and over, year after year.

To that end, the sign-making project, I do pledge a small amount. I will match all funds donated and collected up to the first two-hundred-fifty dollars, *specifically* to be spent for the sign-making project. And I challenge each and every person, organization and business in La Push and Forks to directly pledge to donate and/or match, *or do what you can,* to help with

this project. And I challenge individuals and the youth to take ownership of this project. Miss Ann and I, thanks to Russell's nudge, will *start* to make this happen. But we aren't enough nor should we be more than support. It's the community that must take ownership. So wrap your mind, body and soul around becoming active with this project. The very best things happen when ownership is all yours. We will start it. The rest is up to you.

I can be contacted at 374-4317. Miss Ann is at 374-2228. If we get enough pledges to support this project, we may be able to set up an account with the tribe to properly track the spending on supplies only. Nothing else. No chance of unethical use of this money. So come on, let's get up and get to enjoying action steps by standing up for what's totally right about living on this planet called Earth!

May our Creator Bless this project, the Quileute Tribe and each and everyone one of us that wishes such blessings too. I know I do.

-Kevin McCall



Enter to win this propane grill!

Great for Father's Day!
\$1 per Ticket
Drawing on Friday, June 15th
Contact Emily Foster at
(360) 374-7760 to buy tickets.

Prize Includes:

- NexGrill: 4 Burner Propane Gas Grill with Side Burner and Rear Burner
- Grill Cover
- Flexible Grill Light
- Flexible Grill Lighter
- 4-Piece BBQ Tool Set
- Grill Brush
- Cooler
- BBQ Sauces
- Rubs
- Spices
- Marinades

**Thank you for supporting the
Quileute Tribe's Relay For Life Team!**



Whooping Cough: An epidemic in Washington

By Washington State Secretary of Health Mary C. Selecky

Whooping cough has reached epidemic levels in Washington. If the pace continues, we're headed toward the highest number of reported cases here since the early 1940s.

We need everyone's help to stop this epidemic.

Whooping cough spreads easily from person to person. It causes cold-like symptoms, spreads by cough-

ing and sneezing, and can last for weeks. It's a miserable illness for teens and adults but very serious for babies who often catch it from relatives and other adults.

Sadly, it has taken the lives of four Washington babies in the last two years and hospitalized dozens more.

Prevention is important. Whooping cough vaccine is recommended for all kids and adults:

- Younger kids must complete a series of five doses of vaccine by age seven for

full protection.

- Everyone age 11 and older should get a whooping cough booster shot.

To find an immunization clinic, contact your health care provider or local health agency. All recommended vaccines are offered at no cost to kids under age 19 through health care provider offices participating in the state's Childhood Vaccine Program.

There are other ways you can help prevent the spread of whooping cough, like covering your cough and

staying home when you're sick. But making sure you're current on your whooping cough vaccine is the best way you can help protect the vulnerable in our communities – the babies that are too young to be fully immunized.

Working together, we can help protect our communities.

For more information, visit our website at www.doh.wa.gov.

Quileute Youth Council forming in La Push

At the Community Strategic Planning Meeting in March, high school students expressed a need for a Youth Council, which would provide the youth with a voice in the community. Quileute Tribal Council has been supportive of the formation of a Youth Council, and has asked Events Coordinator Russell Brooks to help with the organization and be a Youth Council Mentor. Russell explained, "The purpose of this council is to organize the youth in a

manner that gives them educational and work opportunities, to hone their leadership skills, and to see their vision for this community. The youth will also be responsible in deciding what they want to make it."

Last year, the Youth and Family Intervention Program attempted to form a Youth Leadership Council, but at the time there was a lack of participation.

During the first Youth

Council Meeting on May 10th, the youth in attendance shared their ideas, such as having more basketball tournaments and activities that are youth-oriented, starting a recycling program, fixing up the playgrounds, and more.

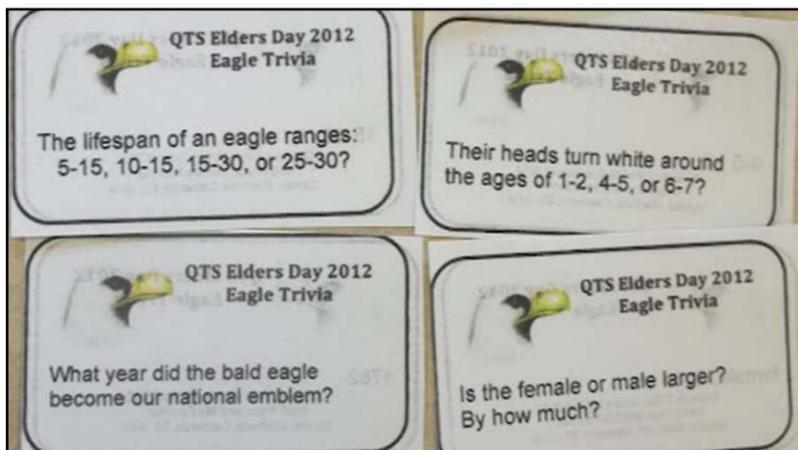
At the meeting on May 21st, it was discussed that youth who want to participate do not need to be enrolled Quileute. There is also the possibility of attending leadership conferences and visiting

other tribes who have established Youth Councils. However, the first step is organizing the Youth Council and increasing membership.

Meetings are open to all youth in high school and are scheduled every Thursday at 5 p.m. in the Tribal Office West Wing. Eventually, officer positions will be established.

For more information about Youth Council, contact Russell at (360) 374-5091.

Knitting for Elders Week



Middle School worked so hard to create little purses for our elders. Julia Ratliff was our most prolific artist, as she did the majority of the knitting, sewing, and crocheting. Our resident artist, Keith Penn, drew a most beautiful eagle's head that adorned the trivia cards with questions the kids

made about eagles.

Pictures of the purses and trivia cards are seen above. For answers, you'll have to ask a Middle Schooler.

-Mrs. Fournier

Quileute team places at Salmon Defense Golf Tournament



Congratulations to Roy Black, putting above, and the Quileute team for receiving "Net First Place" with a score of 57 in the Salmon Defense Golf Tournament. Photo by Debbie Ross-Preston.

Spotlight on Student Artwork

Dragon: Jaedyn Black, 2nd grade

Yellow Flowers: Leilani Eastman, 2nd grade

Purple Flowers: Deborah Sheriff, 1st grade

Rainbow Over James Island: Alicia Black, 1st grade



Quileute Women, Infant and Children (WIC) Program

By Julie Johnson

The Quileute Women, Infant and Children (WIC) Program services help pregnant women, new mothers, and young children eat well, learn about nutrition and stay healthy. WIC is the “Federal Special Supplemental Nutrition Program for Women, Infants and Children.” The purpose of the Quileute WIC Program is to provide supplemental foods and nutrition education through payment of cash grants to state agencies which administer the program through local agencies, such as the Quileute Tribe, at no cost to eligible persons.

The Quileute WIC Program has a contract with the Washington State Department of Health to provide services **three days a month**. Services are provided on the **2nd, 3rd and 4th Tuesdays** of each month between the hours of **8 a.m. and 2:30 p.m.** The WIC Office is located within the Quileute Head Start Building. Barbara Gardner, RD, CD, Quileute WIC Program Coordinator reports to Dick Court, Department of Health in Olympia (800-841-1410) and to Julie Johnson, Di-

rector of Human Services for the Quileute Tribe (360-374-3353). The Quileute WIC Office phone number is 360-374-5173.

The Quileute WIC Program serves as an adjunct to good health care during critical times of growth and development for Women, Children and Infants. One of the goals of the WIC Program is to prevent the occurrence of health problems, including drug and other hard substance abuse, and to improve the health status of all clients. The Quileute WIC Program provides other related nutritional and educational services to meet the needs of our children and their parents:

Health Screening:

- Checks weight, height and related WIC Health Screening
- Breastfeeding education and support
- Growth and health assessments
- Education on nutrition and physical activity
- WIC checks to purchase healthy foods
- Referrals to primary care and preventive health and social services

WIC Makes a Difference:

- Reduce premature births and infant mortality

- Increase breastfeeding and immunization rates
 - ◊ Children *who are not* breastfed are more likely to have asthma, diabetes, and childhood obesity
 - ◊ Mothers who do not breastfeed have a higher rate of breast cancer and osteoporosis
 - ◊ Mothers who breastfeed lose pregnancy weight more quickly
- Reduce child abuse and neglect
- Support healthy development and early learning
- Prevent chronic health problems like diabetes, asthma and childhood obesity

Provides nutrition and health education:

- Our program provides educational information to improve healthy eating habits to prevent obesity and other chronic diseases
- We stress the importance of dental care by age one
- The Quileute WIC program provides one-on-one and small group educational and counseling services

The Quileute Program has an average of 50 WIC clients who are served by the Qui-

leute program each month. The program provides \$60 to \$150 for health infant formulas, milk, and good nutritional needs of babies, children and mothers.

For more information about WIC: How to Apply, Eligibility, Health Effects, Outreach Materials, Infant Formula, Prescription Forms, WIC Shopping Guides, How to use WIC Checks, Breastfeeding Support and related information, please call Barbara Gardner at (360) 374-5173 to make an appointment or for more information.

From the Quileute Days Committee

Anything related to Quileute Days must be brought before the Quileute Days Committee.

In addition, if you have any comments, questions or concerns regarding Quileute Days, please attend the Quileute Days Meeting, held every Friday from 10 a.m. to 11 a.m. at the West Wing. You may also contact Russell Brooks at (360) 374-5091.

Seeking donations for "Take Back The Night"

**By Monica K. Henry,
Quileute Tribe New
Beginnings Program
Manager & Victim Advocate**

"Take Back the Night" events are held throughout the nation and serve to create safe communities and respectful relationships by increasing public awareness of sexual violence, domestic violence, and dating violence. Take Back the Night events empower survivors in the healing process and encourage community involvement in bringing an end to such violence.

The Quileute Tribe will be holding its fourth annual Take Back the Night event on August 23rd, 2012. This event is being organized by the Quileute Tribe's New Beginnings program and volunteers. Last year's event was a great success with approximately 400 participants and 32 informational booths. This year's event will consist of informational booths and displays, fun activities for adults and children, prizes, Native American drumming, deserts, and a candle light vigil (luminary bags) – all FREE of



"Take Back The Night" has been a huge success at the Quileute Tribe. At the 2011 event, pictured above, there were nearly 400 participants. Photo by Cheryl Barth.

charge.

We are seeking donations in order to provide prizes to participants for participating in various activities that will take place during the Take Back the Night Event. Any support

that you are able to provide would be greatly appreciated.

For additional information, please contact New Beginnings Program Manager & Victim Advocate, Monica Henry, at (360) 374-5110.

**Quileute Tribal
School Graduation &
8th Grade
Completion**
Thursday, June 14, 2012
5 p.m. Akalat

La Push Fire Department needs volunteers

The Quileute Fire Department is looking for volunteer firefighters.

Duties and responsibilities include:

- Responds to alarms of fire or other emergencies
- Reports to company officer for instructions
- Performs duties as outlined in firefighting procedure for the suppression of fires such as: laying of lines, raising of ladders, ventilation, forcible entry, etc.
- Performs such other duties in line of rescue or first aid as required
- Assumes certain responsibility for servicing and maintenance of fire equipment
- When assigned by an officer, may drive certain fire apparatus or equipment
- Maintains fire station and grounds
- Operates certain fire apparatus at fires
- Conducts training and instructional programs in lieu of an officer on the scene

- May assume command of the fire or emergency in the absence of an officer.

A person must be 18 years of age to be eligible to become a volunteer firefighter. A new firefighter must serve a probationary period of twelve months. All firefighters must have a valid and current EMS Certificate within 120 days after being accepted.

In general, all firefighters regardless of rank or the company to which they belong, shall be trained to handle any and all of the fire apparatus provided. They are also to act in any desired capacity in handling emergency medical or firefighting equipment and in other related duties. They shall remain at their posts of duty unless excused by a superior officer and shall return with apparatus from fires, alarms or drills to the fire station.

All firefighters upon an alarm in the fire district shall report for duty as outlined in the Rules and Regulations, with all possible speed, consistent with safety. A valid

Washington State Driver's License is required of all personnel who operate any apparatus.

They shall be assigned to a station and subordinate to the ranking of officers of the

fire district; be engaged in preventing, controlling, extinguishing fires, and shall give aid in the saving of lives; and perform other related duties as assigned by a ranking officer.

Understanding Domestic Violence and Sexual Assault

When: July 11-12, 2012
9 a.m. to 4 p.m.

Where: La Push, WA (Building location TBA)

Purpose: To provide victim advocates, social service providers, health care providers, school staff, community members, law enforcement, and court personnel with an increased knowledge and understanding of the dynamics of domestic violence and sexual assault with a special focus on Native American communities.

Interested persons unable to attend the two full days of training are permitted to attend individual sessions.

Lunch Provided

Contact Monica Henry, Quileute Tribe's New Beginnings Program Manager to register and/or for more information:

(360) 374-5110

monica.henry@quileutenation.org

Sponsored by: The Quileute Tribe's New Beginnings Program through Indian Health Service Domestic Violence Prevention Initiative grant funds.

Trainers Provided By: WomenSpirit Coalition
(Washington State Native American Coalition Against Domestic Violence and Sexual Assault)

Meet the new employee



My name is **Renee Turnow** and I have been hired as the Executive Secretary in the Tribal Office. I work for Tribal Council, preparing agendas and council packets, gathering information for them, answering phones,

helping tribal members and visitors who come into the office, among numerous other tasks. My goals in this position include: setting up a filing system so the tribe can keep track of and preserve all documents; being a team player; communicating with my co-workers; and helping community members and visitors anyway I can.

Previously, I have worked at the Forks Community Hospital as a Certified Nurse's Aide as well as in the Long-Term Care Unit. I have also been a Medical Records Clerk and a CNA at the Quileute Health Clinic. Throughout the years, I have done other reception work.

When I am not working, I love camping, going to the beach, being with family,

reading books, and I have recently started making jewelry.

I am excited to be here working as the Executive Secretary. I love the job and the people, and I am trying to make the office operate smoothly. Feel free to stop by the Tribal Office for coffee or just to say hi, because I would love to see you!

Review of Human Services/ECE Day at Elders Week



By Julie Johnson

The Quileute Department of Human Services (QDHS) welcomed elders and guests to the "Honoring the Elders" Day on Wednesday May 15, 2012 at the Akalat gymnasium.

Heather Schumack our MC welcomed the elders and a prayer was provided by Ann Penn-Charles before our guests of 165 elders, youth, community members and staff. Breakfast was served by the QDHS staff. The following activities were organized and provided by the Head Start, Day Care and Human Services staff members:

9:00 a.m. Breakfast was served by the QDHS staff to the elders and youth.

10:00 a.m. Head Start children provided a canoe song to the elders and sang several traditional songs. Quileute Elder **Chris Morgan-roth III** shared a wonderful story with the children and guests **Gifts** made by the children and staff were presented to the elders by the Head Start children. Hand painted bags and homemade blackberry jam was also provided to the elders and guests by the Head Start children.

11:30 a.m. Julie Johnson, Human Services Depart-

ment Director welcomed special visiting guests speakers: **Mike Doherty** Commissioner, District 3, Board of Clallam County Commissioners **Alex Fastle**, Kitsap and Olympic Peninsula Director, for Senator Patty Murray **Judith Morris**, Congressman Norm Dicks Port Angeles staff member. The guest speakers spoke of their appreciation for the invitation to attend the Elders Honoring Event, the outstanding work of the Quileute Tribal Council and staff in researching, organizing and preparing for Tsunami safety for the Quileute and residents living in this area. The guests also spoke of their support for the social, health, natural resources, cultural education and the many outstanding service provided

by the staff of the Quileute Tribe.

12:00 p.m. The **Quileute Senior Citizens Program** prepared an outstanding lunch and it was served by the staff of the QDHS to a 165 individuals.

1:00 p.m. In the afternoon tables were set up to provide beading along with decorating picture frames for family photos. The **Human Resources-Cody Le-Clair** and **Human Services** staff member took family photo of over 150 individuals.

2:00 p.m. The QDHS staff expressed their appreciation for the elders and closed with a special prayer of thanksgiving.

Congratulations to Vince Penn, winner of the "Pampered Gift Basket"



Quillayute Valley School District: Important Dates

FHS Seniors Scholarships & Awards Night: Tuesday, June 5th at 7 p.m. in the FHS Commons

Bilingual Awards Night: grades K-12 Thursday, June 7th at 7 p.m. in the FHS Commons

FHS Senior Trip: Seattle for Lake Washington cruise and Bullwinkle Arcade on June 7th

FHS Graduation: Saturday, June 9th 6 p.m. in the gymnasium

FMS Band Concert: June 13th at 7:30 p.m. in the FHS Commons

FMS Honors Field Trip for all students with a 3.0 GPA, no failing grades and no Dugout referrals: Friday, June 15th at the Sol Duc Hot Springs

8th Grade Completion: June 20th at 6 p.m. in the FHS Commons

Happy Birthday to Enrolled Quileute Tribal Members

June Birthdays:

Andrea Coberly	1	Brenda Nielson	10	Betty Wood	20
Dawn Stillwell		Michael Trainor		Denise Ward-Bender	
Shilaily Woodruff	2	Levi Black		Kristi Williams	21
Margaret Black	3	Theo Penn Jr.	11	Natalie Sovde	22
Lorraine Jackson		John Jackson Jr.	12	Dorothy Guerrero	
Heather Schumack	4	Jared Remington		Damon Jones-Smith	
Nellie Williams	5	Sally Jaime	13	Rosalie Black	24
Baker, Steven		Chenoa Black	14	Russell Woodruff Sr.	
Vincent Penn	6	Maria Jaime		Amanda Morganroth	25
Lisa Black	7	Derek Ramsey	15	Vida Cruz	
Stacey Torres		Clint Black		Christopher Cherry Jr.	28
Gloria Salazar		Marty Penn	16	Victor Jackson	
Darryl Guerrero-Penn	8	Roseanne Hoskins	18	Jade Jack-Bryan	
Toni Eberle-Ward		Susan Davis		Taylor Eastman	29
Aaliya Dailey	9	Eugene Marx		Hailey Woodruff	30
Alison Stevens		Loretta Castillo	19		
Donavan Black		Katrina Ward-Bender	20		
Emily Foster	10	Ethan Sovde			

Tribal school students gathered cedar bark



1. Joey Richeson pulls a long piece of bark from a tree.
2. Gaspar Ramos shows the cedar bark he helped peel from a tree.
3. John Rush and Cordell Black-Stillwell are removing the outer bark.

***Bá·yaḵ* The Talking Raven welcomes feedback!**

Please feel free to share your opinions or suggestions with:

Emily Foster
(360) 374-7760

talkingraven@quileutenation.org

Join the Mailing Lists!

The Talking Raven has a Mailing List and an Email List! If you would like to join either of them, contact

Emily Foster at:
(360) 374-7760

talkingraven@quileutenation.org

Submit your name and email address or mailing address.

Thank you!