January-February
2012

bá·yak The Talking Raven

A Quileute Newsletter

Vol. 6, Issue 1 Emily Foster/**BAYAK Editor**

Cherish Our Children was a success, raising nearly $19,000

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Photo by Cheryl Barth

Sterling Savings Bank representative Rick Budd presented a check to Cherish Our Children committee members Pat Soderlind, Vince and Sharon Penn, along with their granddaughter Angelica Penn-Schmitt.

The 9th annual Cherish Our Children live and silent auction was held on December 2nd at the Akalat Center, which raised $18,898 for Christmas gifts. Each year, the communities of Forks and La Push organize this event to raise money for Christmas presents for youth. Last year's auction raised approximately $19,000.

In addition to the auction, there was also a dinner, bake sale, and 50/50 drawing that brought in money. For the second year, Sterling Savings Bank representatives presented a check in the amount of $2,500 to Cherish Our Children committee members.

There were over 400 items donated to the children's silent auction and over 500 items donated to the adults' silent and live auctions—nearly 30 items were gift certificates donated by businesses.

Approximately 30 AmeriCorps volunteers from the region helped with setup and cleanup, assisted children at the kids' silent auction table, restocked the silent auction tables, prepped and cooked dinner, and more. Local Coast Guard crew members also offered support with the live auction. A big thank you goes to the local fishermen, High Tide Seafood, and WDFW Sol Duc/Bogachiel Hatcheries for their seafood donations and to the cooks for their hard work in the kitchen. There were countless community volunteers who made Cherish Our Children a huge success, and everyone's help was invaluable.

Thanks to the generosity of donors: private, business, and corporate. All proceeds supported the local holiday gift-giving programs for children in La Push and Forks.

The Cherish Our Children committee announced, "We thank you from the bottom of our hearts for your generous contributions to help Cherish Our Children 2011 be another successful fundraiser. Thank you."

More pictures of Cherish Our Children on page 12.

THE **DEADLINE** FOR ALL SUBMISSIONS TO BE CONSIDERED FOR PRINT IN *THE TALKING RAVEN* IS THE **3RD FRIDAY OF EVERY MONTH**.

General Council

Akalat Center

January 19, 2012: Director's Reports, 9 a.m. to 4:30 p.m.

January 20, 2012: General Council Meeting, 10 a.m. to 4 p.m.—Quileute tribal members only

Quileute Tribal Council Voting Location Changes:

The Quileute Tribal Council would like to announce that General Tribal Council Elections this year will be to the Akalat Cultural/Classroom. This was acted on by Tribal Council to provide easy and safer access for our elders and our community members. Polls open promptly at 4:00 p.m. and close promptly at 8:00 p.m.

From the Desk of Chairwoman Cleveland

We raise our hands to the Army Corps of Engineers for their immediate response. —Quileute Tribal Council: Carol Hatch, Bonita Cleveland, DeAnna Hobson, Lonnie Foster and Tony Foster

Army Corps of Engineers Flood Fight Team Fortifies Flood, Fighting Efforts on First Beach

Quileute Tribal Council Team would like to extend our most gracious appreciation and gratitude to our Congressman Norm Dicks and the SEATTLE Army Corps of Engineers Flood Fight Team. Your immediate response to our telephone call was record timing. Your team immediately took everything under control and started to repair the jetty on First beach at our river entrance… during 9-foot waves and 14-foot swells. Amazingly, the Army Corps of Engineers Flood Flight Team worked through the week to insure the next high tide, which was predicted to be approximately 14-foot swells, should not sweep our small village with flood waters. Our village is located only on one square mile; our Quileute reservation sits between the Pacific Ocean on one side of us with the Quileute River on the other, and surrounded by the National Park on the far side with no higher ground to run too.

Thanking the Chief Staffers, Cathy DesJardin, John Pell, Laurie Morris, Doug Weber and William Dwell for your immediate action and communicating with us through the ordeal. In addition, my request of large rocks was delivered quickly, which showed your dedicated commitment in fulfilling the job. The stone is certainly going to strength and reinforce the area.

We have learned extreme tides that caused the damages are known as King Tides, a natural phenomenon occurring once or twice a year when the moon is closest to the earth and the moon and sun's gravitational pull reinforces one another.

Our people thank your team Eric Winters, Scott Brown, David Carpenter, and crew along with the contractors deployed to the area January 7th and started shoring up our beach

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From the Desk of Chairwoman Cleveland

eroded by extreme high tides and swells. Fortunately we had stockpiled dredging material that was placed on the beach south of a jetty for immediate use. Also, I want to thank your four team members who remained in the District Office, activating its Emergency Operations Center to monitor the area during the tide cycle.

The Quileute people raise our hands to all of you for your quick action and for your concern.

Quileute Tribal Council would also like to thank all the other federal and state agencies for your calls and concern for our Quileute people.

I personally would like to thank Danny Hinchen, Lonnie Foster, Larry Burtness, and our staff for all your added support. Greatly appreciated. More hands make lighter work, Great job!!

Respectfully,
Chairwoman Cleveland

Second Annual Health through the Arts

Empower, Create and Inspiration

I attended the youth workshop that Star Nayea facilitated during the Holidays with my grandson, we participate all three days.

Each song and dance began to tell a story. Some of the students poured their hearts out through music about their life - some unfold during a period of time. The children are trying to set the tone for healing in our village. It takes courage and great strength to express one's self as they did that gathering. We need to display love and support for one another and show the young hearts that we stand behind them and believe in them and what they can do for themselves. Because they shared a strong sense of survival, they understand that have the ability to move forward and prosper. I would like to raise my hands to Fred Lane and Star Nayea for giving their time during the Holidays and successfully reaching out to our youth and offering a great sense of encouragement and support.

Second Annual "Healing Through The Arts" left behind special healing moments…Captured for all eternity!

By Star Nayea

Photos, music, arts, and film are remnants that live on forever! This year's 2nd annual "Healing Through the Arts" delivered wonderful treasures for all to enjoy!

Sponsored by the Quileute Tribe for the Quileute youth ages 9-19, the camp was facilitated by Ravens Last Laugh Productions with Star Nayea and Freddie Lane. There was also a delightful food sponsorship of $250 by Bruce Paul of Forks Outfitters on behalf of the Forks Chamber of Commerce.

The camp began the Morning of Dec 19th where the youth who gathered enjoyed the first few days of camp getting prepared for the Community Christmas Party to be held December 21st. Within the first few days, Quileute youth made hand-crafted ornaments, decorated stockings, and Santa hats, and hand-crafted mini-wreaths all in part to the "Arts" of "Healing Through The Arts" camp. The youth also spent the first few days of camp strictly singing and rehearsing Christmas songs to perform at the Christmas Party Dec 21st.

Not only did Quileute youth prepare many of their favorite Christmas songs to perform, they also spent time rehearsing last year's original composition by them called, "Christmas time is here again," featuring about 10 to 15 Quileute youth. What's more exciting is this year, the youth yet again created a brand new song to share with the community, especially created for the season called, "The Reason," their view of the birth of Jesus being the REAL reason for the season.

***The official recording of ALL the new songs created will

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From the Desk of Chairwoman Cleveland

be available for your very own, as soon as the entire project "Healing Through The Arts, Quileute," is released by Tribal Council sometime this winter after tribal elections.

By Wednesday December 21st, crafts the youth made were gifted to the elders in attendance at the party Dec 21st, before the youth themselves hit the mainstay to perform their vigorously prepared program. They were led by their teacher, Star Nayea (two time Native GRAMMY recording Artist & Three time NAMA awards winner.)

Needless to say THEY WERE A HIT. Led by Kenneth Ward and company, the Quileute youth were fearless as they shared their new musical stylings with the entire community in attendance.

Thursday was the last day of camp before Christmas break where Star solely worked with the teenagers 13 & up. The camp closed down for Christmas 23rd-25th and reconvened for December 26th- December 31st.

Upon returning from Christmas break, award-winning native filmmaker Freddie Lane (Lummi) then joined Star Nayea & the Quileute youth to commence filming their very own music videos, as well as a sponsorship commercial for Forks Outfitters in return for their kind food donation to the youth camp.

Freddie and the youth got to work right away, no matter the weather, filming footage for Kenneth Ward's brand new song called "One Wish." Despite strong winds and nonstop rain for the first few days of the second half of camp, Freddie Lane took the youth and filmed outdoors by 1st beach and 2nd beach; they filmed back and forth driving in a car through La Push. Marcus Obi filmed in Forks as well as La Push for his new music video to go with his new song "Look What You've Done For Me." They filmed at the Akalat, and they filmed at Lonesome Creek and many others places all over La Push.

Freddie Spent the day filming with Clint Black, not footage for an actual song with lyrics and vicar per say, as Clint's love for eclectic music led to Clint sitting with Star Nayea just working on her computer mixing beats and loops with Star into a two and a half minute long song. Freddie Lane and Clint Black spent the better part of a day shooting footage of just driving all over La Push, catching scenes of the community and main attraction. BEAUTIFUL SCENERY, hence the title of Clint Black's Project; "Drive To La Push".

By and large for each song that was written, or musically arranged, and/or created by Quileute youth with Star Nayea, Freddie Lane in turn created a wonderful film for each song. Now the youth of Quileute have their very own original SONGS & MUSIC VIDEOS. Keep your eye out for "Healing Through The Arts" DVD & CD that will also feature live footage of Quileute Drum Singers, "No Man Left Behind", As well as a basketball video featuring Quileute youth during open gym. One of the things they love most is PLAYING BASKET BALL, starring Bryson King, young Willie, and Lexy Ward too! As well as Damon Jones and his very own video called Space Odessey. All in all, the "Healing Through the Arts" Camp boast 7 to 8 new songs and 7 to 8 music videos.

HANDS GO UP TO THE ENTIRE Quileute Tribal Council and Interim Executive Director Naomi Jacobson. Hands up in Special Gratitude to Chairwoman Bonita Cleveland, Council Woman Deanna Hobson and Council Woman Carol Hatch.

Thanks to Ocean Side Resort for our housing and Lonesome Creek Store for our treats!

Special thanks to Frank Hansen, Superintendent of the Quileute Tribal School, for use of the Akalat. Many, many thanks to Ron and Arnold for taking such good care of us.

Here is a list of the songs the kids worked so hard on:

"Look What You've Done" DRAKE remix by Marcus Obi (Hoh River)
Lyrics and performance by Marcus Obi
Produced & Edited and mixed by Star Nayea
Backing Vocal by Star Nayea
Video Filmed, Directed, and Produced & Edited by Freddie Lane

"One Wish" Kenneth Ward (Quileute)
Lyrics & Performance By Kenneth Ward
Produced/ Arranged/Engineered by Star Nayea
Backing vocals Star Nayea
Video Filmed, Directed, and Produced & Edited by Freddie Lane

"Let you go" Written by Kayla Jackson (Quileute)
Produced and engineered, and backing vocals by Star Nayea
Video Filmed, Directed, and Produced & Edited by Freddie Lane

"A Part Of Me" By Shayrena Penn (Quileute)
Lyrics & Performance by Shayrena Penn
Backing Vocals Star Nayea
Produced/Arranged/Engineered by Star Nayea
Video Filmed, Directed, and Produced & Edited by Freddie Lane

"Drive to La Push" Music back ground by Clint Black (Quileute) and Star Nayea
Video Filmed, Directed, and Produced & Edited by Freddie Lane

"Damon's Space Odyssey" By Damon Jones (Quileute)
Music Produced and arranged by Star Nayea

Blessing at General Council

The Blessing for the Mike Mobley Family will be conducted at the General Council meeting with a blessing provided from Pastor George Kallappa and color guard from the U.S.C.G. on January 20, 2011.

Quileute Tribal Council is very honored to be asked from the family of Mike Mobley to provide a blessing for his twin sons Ryan and Mathew and for father Mike Mobley on his journey from Colorado to North Carolina. (Camp Lejeune). Always thanking our warriors of the foreign wars. Our Native fires always continue to burn for our families, friends and relatives of whom serve in the wars. God Bless each and every one of you who serve our country.

Operation: Hero Trek

Hello Ms. Bonita:

My name is Mike Mobley, oldest son of Bonnie Black, grandson of Roy and Rose Black, nephew of Roy Black Jr. and Bert. I was born in Forks a very long time ago (1953) and spent all my summers at LaPush until I graduated High School.

I am a member in good standing of the Quileute tribe.

I have two identical twin boys that are currently serving with honor in the US Marine Corps and the 82nd Airborne. Ryan (Marine) is currently in Afghanistan on his 4th deployment. Matthew will be reenlisting this coming Feb and will deploy to Afghanistan in 2013. It will be his 3rd deployment. They both carried with them on previous deployments the official Quileute Flag. They both are recipients of the Purple Heart.

I will be embarking on a long journey soon. Walking from Colorado to North Carolina. Leaving this coming March and hoping to arrive in North Carolina (Camp Lejeune) by end June. I have a web site for your perusal: www.operationherotrek.com. I would like to get the blessing of the tribal council before we leave on this epic journey. Your direction would be greatly appre-

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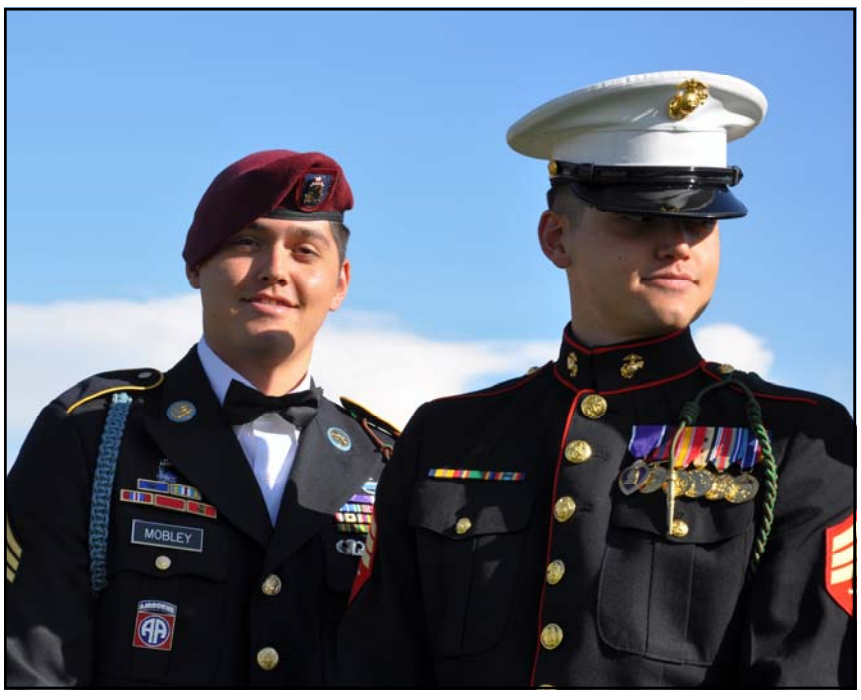

From the Desk of Chairwoman Cleveland

ciated.
Very best,
Mike Mobley (James Michael Mobley)

Quileute Senior Center Thank You

I would like to thank the Quileute Senior Center for all your care and concern for assuring my father Charles Cleveland Sr. was taken care of with meals and a happy smile with your friendly greetings upon meal delivery to his home. I cannot tell you how much I appreciate all of you for caring during my time away from our village while I was on tribal business. Just to take the time to make that special phone call the other day with your concern about him not answering his door, really shows your care and concern you have for our people. This type of services really does make a difference. I really appreciate all of you at the Senior Center. I raise my hands to you Lisa H. & Staffers. Because of people like you, a difference is made!!! My father also thanks you ladies; he looks forward to your happy faces. Our Cleveland family raises our hands to you!!!

A Note From Chairwoman Cleveland

As I reflect on the many things that have taken place this past year, it is with a heavy heart to know that we have lost many Tribal members who were an integral part of our community. Again, my sincere condolences go out to families who have lost loved ones.

As my term as Chairwoman for the Quileute Tribe comes to an end, I would like to remind everyone that true leaders are not those who serve to be first, but those who are first to serve the need, envision the plan, empower the team for continued action, and who give their all for the success of the community. There are many mentors who have shared their wisdom and experience with me and guided me through rough times, bumpy roads, high winds and strong currents. They were very encouraging and very instrumental in helping me become the woman leader and individual I am today, to walk on a good strong and powerful path.

As I stated in my article in the Talking Raven, September, 2011, edition, we have a sense of responsibility to one another as families with the kinship system as a tribe. It is our responsibility to redistribute the support system to one another as a tribe, family to family. When we open the spirit of giving, the gift travels back and moves in the grace of His hands and increases, as they say, a hundredfold.

Let's try and light the path for one another, you have to really mean it with your heart, don't go through the motions and action if your heart is not good...the tribal values that we were taught were laid down for us to follow, to promote generosity and willingness to help each other all the time, not just during a time of loss.

There is a place for all of us and we need to be good people to one another and remember the roles of building valuable relationships that will last a lifetime. I continue to hear the echoes of my grandparents, always telling me as a young girl when one person rocks the canoe, the entire canoe will tip over. Unity in our community is essential and it is going to take the effort and great strength from all of us to make ample opportunity for our people to survive.

Let's not cause hurt and pain in our small community, we need to lift one another up before it becomes too late to apologize for causing hurt.

The best leaders aren't the ones with the most followers, but the one who creates the most leaders along the way. I truly believe in this statement because I have stood alone many times on behalf of the Tribe, although it was with great strength and tenacity. That is why I have encouraged and will continue to encourage our youth to step up and make a positive difference by taking the lead for our Quileute people. I now understand the statement I have heard many times from great leaders, "It's lonely at the top".

It has been an honor to serve and represent the Quileute Tribe as your Chairwoman. I have given my all, heart and soul, to blaze the path for future generations.

Respectfully,
Hay-Yeh-Letsa
Bonita Cleveland
Chairwoman
Quileute Tribal Council

2012 QUILEUTE GENERAL COUNCIL AGENDA
JANUARY 19, 2012

9:00 a.m.	Color Guard: United States Coast Guard, Veteran James Hobucket and Quileute Drum Group
9:10 a.m.	Invocation – Reverend George Kallappa
9:15 a.m.	Quileute Tribal Council Members' Welcoming
9:30 a.m.	Utilities, Danny Hinchen
9:45 a.m.	Human Resources, Roseann Fonzi
10:00 a.m.	Fire Department, Chris Morganroth IV
10:30 a.m.	Health Clinic, Brenda Nielson
11:00 a.m.	Enforcement, Chief Lyons
11:30 a.m.	Custodial/Maintenance, Vince Penn
12:00 p.m.	Lunch
1:00 p.m.	Housing Authority, Anna Parris
1:30 p.m.	Human Services, Nicole Earls
2:00 p.m.	Marina, Billy Brux
2:30 p.m.	Tribal Court, Charlene Meneely
3:00 p.m.	Publicist, Jackie Jacobs
3:30 p.m.	Natural Resources, Frank Geyer
4:00 p.m.	Lonesome Creek Store, Cathy Smith
4:15 p.m.	Operations Manager/Interim Executive Director, Naomi Jacobson
4:30 p.m.	Tribal School, Frank Hanson and Victor Velazquez

2012 QUILEUTE GENERAL COUNCIL AGENDA
JANUARY 20, 2012

10:00 a.m.	Color Guard: United States Coast Guard, Veteran James Hobucket, and Quileute Drum Group — Blessing for Mike Mobley Family
10:15 a.m.	Invocation — Reverend George Kallappa
10:20 a.m.	Quileute Tribal Council Members' Welcoming
10:30 a.m.	Chairwoman's Report
10:45 a.m.	Treasurer's Report
11:00 a.m.	Review of 2011 General Council Minutes General Council Old Business General Council New Business
12:00 p.m.	Traditional Ceremony Dinner – Quileute Tribal Council would like to encourage everyone to stay and break bread as a community.
1:00 p.m.	General Council New Business Continued
3:00 p.m.	Election Nominations Open
4:00 p.m.	Election Polls Open
8:00 p.m.	Election Polls Closed

Quileutes had a Merry Christmas in 2011

1. Renee Turnow and other volunteers handed out goodie bags filled with healthy snacks at the community Christmas dinner.
2. Mrs. Crippen's 3rd and 4th grade class gave a flute performance.
3. Reverend George Kallappa and the Assembly of God sang for the crowd.
4. Quileute drummers performed traditional songs as well.
5. Grammy award-winning artist Star Nayea worked with Quileute youth and led them in Christmas songs.

Transportation Available for Tribal Council Elections

A shuttle will be available for tribal elections: January 20, 2012

5 p.m. to 8 p.m.

Schedule:

5:00 p.m.: Lower Village

5:15 p.m.: Lonesome Creek Store

5:30 p.m.: Quileute Heights

6:00 p.m.: Raven Crest

6:15 p.m.: Akalat Center

The shuttle will continue every 15 minutes starting from the Lower Village to the Akalat.

Department Updates

TANF & School Attendance

By Kala Jackson

The Quileute TANF Program requires that all parents and caregivers turn in school attendance for all school age children on a monthly basis. This requirement is stated in the Quileute Tribe's Federally-approved TANF Plan, which outlines the course of action when a child is attending school or not attending school. One of the main purposes of the TANF Program is to promote self-sufficiency through job preparation and assistance with finding employment opportunities. The TANF Program also provides services that strengthen families and positively develop youth in order to prevent future dependency on TANF.

School attendance is an integral part of a child's education. Although teacher effectiveness is the strongest school-related determinant of student success, [1] chronic absence means less time in the classroom and missed learning opportunities. Studies show that good attendance as early as kindergarten, all the way through high school, significantly correlate with high school graduation.[2] Once an individual has a high school diploma or GED, there are many more job opportunities available, including many more opportunities for jobs with higher pay. A high school diploma or GED gives someone the opportunity for higher education, which opens up even more doors for more satisfying and better paying jobs.

To encourage school success, the Quileute TANF Program offers attendance and grade incentives to the families we serve. We offer gift cards and vouchers on a quarter or trimester basis to children and adults who attend school regularly and are passing their classes. Please contact our office at 374-4306 to see if you or your children are eligible for these incentives.

[1] Adelman, C. (2006). *The Toolbox Revisited: Paths to Degree Completion from High School through College.* Washington, DC: U.S. Department of Education.

[2] Allensworth, E., and Easton, J.Q. (2005). *The On-Track Indicator as a Predictor of High School Graduation*. Chicago: Consortium on Chicago School Research.

La Push Police Department

Rod Taylor and John Wetherspoon both received certificates of appreciation for assisting Officer Michael Foster when a subject was resisting arrest.

The certificates were presented by Agent Patrick Gahan of the Poulsbo FBI office and signed by the Director of the FBI. Rod and John also received the La Push Police shoulder patch in recognition for their service.

Rod is pictured with Agent Gahan and La Push Police Chief Bill Lyon.

Thank you to Rod and John for your assistance!

Photo by Bonnie Jackson

Fish and Wildlife

Please slow down when driving on the Richwine—River Park Road. Workers who maintain the road have almost been hit several times by speeding vehicles.

A Hunters Safety Course will be offered soon. Interested Quileute tribal members must contact Darlene Olson at (360) 374-2247 or stop by the Natural Resources office to sign up.

Housing Authority: Board of Commissioners

Two positions are open on the Quileute Housing Authority Board. The Board of Commissioners' positions opened on January 10th and close February 10th. They are four-year terms. If you have any questions, please contact Ruth Jackson or Anna Parris at the Housing Authority office or call (360) 374-9719.

Those interested in running for a position can pick up a form at the Housing Authority office.

New Beginnings

Quileute Tribe New Beginnings is looking for individuals who are interested in being included on an "on call" list to assist with various short term program projects (ranging from 1 to 3 days) and events on an "as needed" basis. Pay rate—$10/hour. Contact the Quileute Personnel Department at (360) 374-4367 to schedule an appointment to complete the necessary paperwork.

Join the Mailing Lists!

The Talking Raven has a Mailing List and an Email List! If you would like to join either of them, contact Emily Foster at:
(360) 374-7760
talkingraven@quileutenation.org
Submit your name and email address or mailing address.
Thank you!

Bá·yaḳ
The Talking Raven

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Tony Foster
Vice Chair

DeAnna Hobson
Secretary

Carol Hatch
Treasurer

Lonnie Foster
Member-at-Large

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Hiba' Kwashkwash [HAY-buh quash-quash]: The Jay Squawks

Jay Powell transforming into kwashkwash, the blue jay.

Łichčhísa – Basket making (lh-ey-ch-CHISS-sah)

About five years ago, Jacilee Wray, the cultural expert at the National Park Service headquarters in Port Angeles, decided to put together a book about traditional basket making by the tribes on the Olympic Peninsula. The book was to include a chapter on the baskets and basketmakers of the Quileute and Hoh. The book, called *From the Hands of a Weaver-Olympic Peninsula Basketry through Time* is in the final stages of editing and proof-reading, and it's a wonderful encyclopedia of folk-knowledge about Indian baskets from early times to nowadays.

Many Quileute and Hoh basket makers provided information about the activity and business of weaving baskets and about their memories of family elders gathering materials and skillfully making baskets, rain hats, and other traditional artifacts. Lela Mae was the heroine in documenting current Quileute basketry making. She interviewed basket makers and compiled useful statistics like the fact that there are about 160 basket weavers in La Push, which is a full half of the women in the village aged 15 and older. That means that basket weaving is not an endangered cultural feature for the Quileutes.

Basket making is more than just braiding and twining strands of grass into a woven container. It involves the how, when and where knowledge of gathering the basketry materials, storing them, drying them, splitting them, dying them, soaking them, weaving them with traditional decorative motifs, and then either pricing and selling them or giving them away in socially appropriate ways. All that traditional cultural knowledge is being passed down from generation to generation among the Quileutes, just as it has been for millennia.

The Quileute chapter lists the various types of baskets made in traditional times by the Quileute speaking groups:

ítba'y (IT-by) a burden basket of split vine maple withes, with tumpline

ḳá'wats (KAH-ah-wah-ts) an openwork burden basket for carrying firewood and shellfish, of cedar withes twined with split spruce roots

pikʷó' (pee-QUO-oh) a heavy, tightly twined, watertight spruce root basket used in the days before cast iron pots to boil water in

k'ʷayičhísa (kwah-yee-CHIS-suh) a bag of interwoven cedar bark strips that could be laid flat when empty and folded like a gunny sack for carrying items in a canoe

łichčhísa (th-eh-ch-chiss-sah) the basket currently made almost exclusively by Quileutes–either small and round twined with a lid or oblong basket or the shopping basket, both types having bear grass or raffia designs

There were other kinds of baskets, too, but those were the basic types. Hazel Bright, who died in 1971 claimed to be the last person alive who could make all five kinds, but hadn't made them since she was a girl.

The old people used to tell me things like, "Y'know, Kwashkwash, our ancestors just recently learned how to make baskets from the Makahs." In fact, that seems to be true only of the *łichčhísa,* examples of which were collected by Capt. Cook in 1772 at Nootka Bay. Frachtenber wrote in his 1916 fieldnotes from La Push:

"Mrs. Carl Black tells that Makah basketry was introduced among the Quileute some 40 years ago, after the wars between those two tribes had stopped. Quileute women used to accompany their husbands and fathers to Neah Bay on fishing trips and while there they learned the Neah Bay basketry and introduced it among the Quileute. Mrs. Tommy Bower, still living, is one of those who learned the *łichc'hisa* while sealing with her father at Ozette and taught it to the Quileute women upon her return."

But, the Quileutes certainly made all the other types of baskets since, as they say, time immemorial, which means "since before anyone can remember."

When I read the things that were written about Quileute basketry in the past, I remind myself that it's important to realize that early officials and even anthropologists commonly had a "northern bias." That prejudice resulted in a presumption that the further north one goes up the coast, the more developed the art and lifeways become. Such a bias resulted in Frachtenberg characterizing the Quileutes and their basketry as primitive:

"The old people still walk around barefoot, even in winter, with tattooing on their arms and face. They use Quileute and seldom Chinook; older people do not speak English. In their frail canoes, they go out sealing 20–30 miles into the ocean attacking whales with their primitive weapons and sealing…The really nice and artistic baskets are those introduced by Neah Bay Indians. The old Quileute work was coarse, crude and primitive and lacking in any artistic designs."

In fact, such prejudice existed despite clear evidence that the Quileutes were continuing to make elegant and artistic baskets, just as every other tribe along the central Northwest Coast, baskets that were sought after by collectors and are now the centerpiece of many museum basketry exhibits.

Hal George, quoting his grandmother, Susie Payne, spoke of *didisátsḳal híḳłti* ("the expertness one boasts about"), implying that in the old days the quality of a woman's baskets and mats was the criterion by which a woman was evaluated in traditional times. That meant that being a good basket maker was a very valued trait for Quileute women. It explains why families developed rituals to assure that their daughters would be expert basket weavers. For instance, the spirit world was considered to be in charge of human success, so women were careful to stay in a close relationship with their *t'axílit* (tuh-HAY-lit, "personal guardian spirit power). One of the guardian spirits of weavers was believed to take the form of cedars with extremely high lower branches, so bark pullers could take off long lengths of bark. Other basket weavers' guardian spirits were redwing blackbirds, which frequent cattail marshes where one gets reeds and fronds for basket-making, and especially birds such as wrens and orioles that weave elaborate nests.

Old lady Sarah Woodruff Hines told me that when she was a young girl, her mother sent her out in the springtime with small tangles of cedar bark threads (about the size of a golf ball) to leave in conspicuous locations to help birds weave their nests. Sarah also told that the mother of girls might set basket traps to catch birds and then, before releasing them unharmed, rubbed the fingers of her infant daughters with the feet and beaks of the birds because that was how the birds wove nests, with only their feet and beaks.

Big Bill told me that young women even used to mark their bodies by tattooing overlapping lines on their fingertips like tic-tac-toe designs, but symbolizing interwoven threads. These indelible marks were made by rubbing a needle-thin bone in soot and then passing it under the skin. Big Bill smiled as he told me, "*Tsixá'li k'itásxal.*" It worked every time (and they became expert basket makers). Quileute folklore included lot of ways for women to become expert weavers.

Gram Lillian and Ethel "Rosie" Black recorded this daily prayer for basket weavers to *t'sik'áti* (tsick-KAH-tee) the Nature Spirit:

Kiyi?àtilashíłlich ẓaẓíḳtiya ẓi? łichčhísa - Help me today with basket-making.

The publication of Jacilee's book will put to rest forever any questions about the history and quality of Quileute basketry. Be sure to thank Lela Mae for her contribution. Have a good January.

Kwashkwash, Jay Powell

And, for anyone who would like to hear the prayer to the Nature Spirit above spoken in Quileute, just send me your email address and ask me to send you a sound file of the Basket-weaver Prayer in Quileute. You can either just listen to it or play it over and over until you've learned it. Sorry, I can't send it by Facebook.

jayvpowell@hotmail.com

Jackie Jacobs Reporting

Quileute Nation Reveals Wolf Tales and History Not Depicted in the Twilight Saga

Photo by Chris Cook

"Behind the Scenes: The Real Story of the Quileute Wolves" is an exhibition at the Smithsonian's National Museum of the American Indian that brings together rare works of Quileute art as a counterpoint to the supernatural storyline depicted in the popular *Twilight* books and movies. Opening Jan. 13, 2012, the exhibition will be on view through May 9, 2012, in the museum's second-level Sealaska Gallery.

The exhibition showcases 23 objects, including elaborate wolf headdresses, rattles, baskets and a whalebone dance club. Historic drawings created by Quileute teens who attended the Quileute Day School at Mora, near La Push, Wash., from 1905 through 1908, depict activities, including wolf ritual dances and shamanistic performances, house posts that were part of the Potlatch Hall and a whaling scene that shows a crew of eight men coming alongside a whale in their cedar canoe.

The exhibition also includes a map of Quileute language place names of the modern village and the vast aboriginal territories stretching from the ocean to the Olympic Mountains, a timeline of Quileute history and a 12-minute looped video that illuminates the history and oral and cultural traditions through interviews with tribal members and teens as they describe the phenomenon and effect of the *Twilight* films in their own words.

Replicas of items used in the *Twilight* films include a paddle necklace worn by the character Emily portrayed by actor Tinsel Korey, a traditional Quileute hand drum that hangs in Emily's house, a shell necklace of Olivella shells that was on the wall of her house and the dream catcher that Jacob gives to Bella as a gift.

During the exhibition's opening weekend, Quileute tribal member and one of only two fluent speakers left in the tribe, Chris Morganroth III, will tell traditional stories for kids and families in the museum's imagiNATIONS Activity Center at 1:30 p.m. as well as presenting Quileute culture and stories in the Rasmuson Theater at 11 a.m. and 3 p.m. during the Native Storytelling Festival, Saturday and Sunday, Jan. 14 and 15.

This exhibition was organized by the Quileute Nation and the Seattle Art Museum, where it was on view August 2010 through August 2011.

Photo by Washington State Historical Society

Photo by National Museum of the American Indian

Photo by National Museum of the American Indian

Diabetes Support Group sees increased participation

One year ago, Norm Englund and the Quileute Health Clinic started a Diabetes Support Group for those suffering from the disease, along with their families and friends. Norm recalls nobody showing up to their first meeting. However, the group has steadily grown, with 8-10 participants at each meeting. On January 10th, fifteen people showed up to share their struggles and successes, and to discuss the disease they all have in common.

Health Clinic Director, Brenda Nielson, was also in attendance. She introduced special guest Cathy Smith, Lonesome Creek Store Manager. Much of the meeting's discussion revolved around suggestions for healthier food options and making the store more diabetic-friendly, such as including more fresh produce, purchasing whole wheat flour and sugar-free foods, and offering Lean Cuisine frozen food entrées.

PA-C Julia Davis also announced a yearlong Hemoglobin A1c contest. The goal of the contest is to: 1) Help members gain a good understanding of their individual blood sugar levels; and 2) Improve their blood sugar level over time. Throughout the meeting, RN Julie Windle tested everyone's A1c levels, and based on their levels, members received a certain number of tickets for a random drawing held at the end of the meeting. Winners of the drawing received gift certificates to Wal-Mart and the Family Shoe Store in Port Angeles, WA. There will be three more A1c testing and drawing dates at the first Support Group meetings in April, July and October, so it is not too late to participate in the contest! Any others in the Quileute community with diabetes are welcome to join the support group and participate in the year-long contest. The grand prize will be a Pendleton Blanket.

While the A1c contest is for persons with diabetes, anyone who is a supporter of someone with diabetes is welcome to attend the meetings! The group is currently meeting two Tuesdays each month, but some members are interested in expanding it to every Tuesday. A healthy breakfast is provided, along with continued education, conversation, jokes, and most importantly, support. For more information about the Diabetes Support Group, contact Norm Englund at (360) 374-4320.

Hemoglobin A1c Contest

- Anyone with diabetes who participates in the Quileute Diabetes Support Group is eligible.
- Participants will have an opportunity to get tested and win a prize four times a year.
- The better job you do of controlling your A1c level, the more tickets you will have in the drawing!
- The testing and drawing will be held at the first Support Group meeting in the months of January, April, July and October of 2012.
- There will be two winners at each of these events.

A1c Testing and Raffle Dates	1st Support Group meeting in **January** (January 10th) 1st Support Group meeting in **April** 1st Support Group meeting in **July** 1st Support Group meeting in **October**

Prizes

Two winners per event—the same person can't win both prizes on the same day.

Prize #1: $100 gift certificate for shoes and $50 gift card for Wal-Mart
Prize #2: $50 gift card for Wal-Mart

Hemoglobin A1c	Number of Tickets Added to Drawing
Above 12.0	1
10.1 to 12.0	2
10. or lower	3
9.0 or lower	4
8.0 or lower	6
7.5 or lower	8
7.0 or lower	10

Congratulations Nola Woodruff

Nola had some prize-winning peanut butter cookies at the Holiday Cookie Contest hosted by the Diabetes Support Group. Nola's prize was a $50 Wal-Mart gift certificate just in time for Christmas. The Diabetes Support Group appreciated all of the entries and support and hopes to do it again soon!

The Diabetes Support Group door is always open. Come join them and see what they'll be up to next!

Granola Pancakes

Yield: 18 4-inch pancakes
Preparation time: 10 minutes
Cook time: 20 minutes

Ingredients

2 eggs or 1 egg and 2 egg whites

2 cups fat-free (skim) milk

2 Tbsp. molasses

2 cups whole-wheat flour

1/2 cup low-fat granola

2 tsp. baking powder

2 tsp. artificial sweetener

Nonstick butter-flavored cooking spray

Method

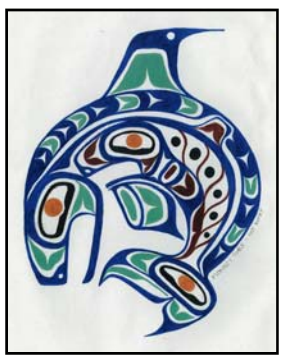
1. Beat eggs in large cup or bowl; add milk and molasses and stir.
2. Combine flour, granola, baking powder and sweetener; add to liquid mixture, mixing lightly with a fork.
3. Coat skillet with cooking spray and heat over medium heat.
4. Drop pancake batter, using about 1/4 cup per pancake. When pancakes are bubbly on the top, turn once. Cook until golden brown on both sides.

From the *Month of Meals: Quick and Easy Menus for People with Diabetes*

A publication of American Diabetes Association.

What do Mountain Dew, Balloons and Toothpaste all Have in Common?

Dispelling Mis-Conceptions about Preventing Conception



As a family practitioner, I am often asked to help individuals and couples who are romantically involved but aren't ready to start a family make decisions about birth control. Many already are well aware of most of the options, such as birth control pills, intrauterine devices, hormone injections, condoms, etc. Each provides a unique method for preventing pregnancy and choosing the right method is easy once we can talk about personal preference and any concerning health issues.

What I have not had an opportunity to do is to help dispel some common and not so common myths about pregnancy prevention. When I recently heard that many teens were using the well-liked soft drink Mountain Dew in an attempt to prevent getting pregnant, my first thought was to put warning labels on the cans and bottles or to put warning posters near their spots in our local stores. The cola's manufacturing company would have had a hay day with that one, so this little article became the next best thing to get the word out.

So let's get started:

MYTH #1: "I can't get pregnant if I've never had a period."

TRUTH: A young woman can ovulate (release mature eggs) before she has her first period, which means she can get pregnant before she ever has a period.

MYTH #2: "I can't get pregnant if I just finished my period."

TRUTH: Some women and men think that if a woman is on her period she can't become pregnant because she just finished her cycle and will not be ovulating for a couple weeks. Though this is rare, it is in fact possible for a woman to have a short cycle, so she can get pregnant even though she is on or just had her period.

MYTH #3: "The tighter the condom, the less risk of pregnancy."

TRUTH: Tighter condoms are not only uncomfortable, but also have a higher risk of leaking and breaking. When choosing condoms, pick one that is comfortably snug and remember to leave space at the end to catch sperm.

MYTH #4: "Two condoms are better than one."

TRUTH: Wearing two (or more) condoms at the same time actually increases the risk of them either tearing or splitting. When it comes to using condoms, one at a time is best and most effective.

MYTH #5: "I can use a balloon and toothpaste if I can't find a condom and some spermicide."

TRUTH: The design and materials for condoms make them an ideal (though not 100% effective) type of barrier against pregnancy as well as sexually transmitted diseases. This just isn't the case for balloons (or saran wrap, ziplock bags, etc). Toothpaste does not kill sperm.

MYTH #6 "Being sexually active in water reduces our risk of pregnancy."

TRUTH: There is nothing in bath, lake, river or ocean water that prevents pregnancy from happening or kills the sperm cells. Hot tubs, with their high temperatures and chlorine, are also ineffective.

And finally…..

MYTH #7 "Mountian Dew is the best kept secret to preventing pregnancy."

TRUTH: The food coloring dye in Mountain Dew, specifically Yellow 5, is rumored to reduce a man's sperm production. This however, is totally false. Drinking Mountain Dew (or any other beverage) does not eliminate a man's sperm or prevent a woman's eggs from releasing. Actually, drinking Mountain Dew can 'excite' the sperm cells causing them to swim faster. Douching with soft-drinks (or any other liquid) does not kill sperm. In fact, douching after sexual activity can actually get the sperm to the egg faster.

I hope that going over these few myths helps to guide you in the right direction regarding pregnancy prevention if you are romantically involved and not quite ready for a child. Please remember that the only 100% effective means to prevent pregnancy is to avoid sexual intercourse. If some of the comments in this article brought up even more questions about sexuality and/or birth control, feel free to make an appointment at the clinic to talk about them. That's what we're here for!

-Julia C. Davis, PA-C

Thank you for your donations to Cherish Our Children

Thank you to the following employees that donated items to "Cherish Our Children 2011" and a special thanks to the employees in bold type that volunteered to ask and collect donations from their coworkers.

Quileute Tribal Office Council Members and Staff: Renee Turnow, Crystal Matson, Carol Hatch, Naomi Jacobson, Lonnie Foster, Leticia Jaime, and Larry Burtness.

Quileute Natural Resources: Darlene Olson and Emily Foster, Cathy Salazar, Nellie Williams, Garrett Rasmussen, Katie Krueger, Roger Lien, Perry Black, Frank Geyer, Jennifer Hagen, and Garvey Schubert.

Quileute Tribal School: Jan Price and Stephanie Doebbler, Mary Anne Earley, Sheri Crippen, Al Zantua, Susan Jacobson, Frank Hanson, Stacy Fournier, Anita Baisley, Loni Burns, Ron Fonzi, Patty Fry, Mary Hoppa, Carman Jaime, Justin Jaime, Erika Montgomery, Michelle Pullen, and Dr. Cochran.

Quileute Carving Shed: Jody Penn, Mr. Wilson, and Steve Antonellos.

Quileute Human Services: Tara Newman, Gina Lowry, and Casey Keith, Sharon Penn, Ann Penn-Charles, Nicole Earls, Kala Jackson, Heather Schumack, plus Global Life donation.

Quileute Housing: Karen Beyer, Ruth Jackson, Anna Parris, Darci Black

Quileute Health and Human Services: **Verlie Garibay,** Pat Braithwaite, Norm England, Kevin McCall, Rosita Matson, Sandra Lyons, and Brenda Nielson

Quileute Tribal Court: Charlene Meneely and Fern Penn, Judge Doherty and Don Hoban

Quileute Child Care: Sandra Strom and Penny Winn

Quileute Head Start: Vickie and Lawrence Hughes

Lonesome Creek: Cathy Smith, Sean Black, Shawna Bolling, Cecelia Black, Nicole Baker and Nancy Ward.

Ocean Side Resort: **Christina Soto**, Maria Avalos, Terry Black, Suzie Black, Marci Meachem, Dorothy Guerrero, and Lupe Perez.

Community Members: Roger and Arlene Jackson, Brendan and Tara Canny (USCG), Carolyn Ward, Linda Beck, John Jones, and Cathy and John Schumack.

There may have been others that donated directly to the auction that did not go through the office volunteers. Thanks to you all too.

Thanks again to all the employees who took part in this fundraising event that benefits children in La Push and Forks. We are blessed to have workers that are willing to give a little back to the community.

-Stephanie Doebbler

Counselor's Corner

Happy NEW YEAR of 2012, to all of you that take the time to read my little column. Sometimes people tell me I write a really good article; other times I'm told it's not very good. Believe it or not, I usually just start typing whatever comes to my pea-sized brain. You get a snapshot of how my brain works.

Being an "addict," I am naturally manipulative and chameleon-like. If you abused drugs or alcohol, you are too. Hearing this might make you feel mad. If it makes you feel angry and mad then you are. Here is a truth; *no matter what we say to justify our abuse level, drug using, or drinking, deep down inside we know the truth.* As long as using and drinking leads to any negative consequences, and we keep doing it, we justify and rationalize it; we deny it so we can block out the pain of the guilt and shame we create from essentially KNOWING we are this stupid. So I essentially just said I'm stupid. That's stupid because I'm not really stupid. I just say I'm stupid so you won't expect too much from me. *That's an example of justification and rationalizing.* None of it is true…….right?

Okay a better example: Let's just say it's 1995. I get my paycheck on a Friday. By Sunday I have spent several hundred dollars on blow (cocaine) and alcohol. By Sunday night I haven't slept or eaten, I'm seeing and hearing things that aren't real and I'm way worn out. I need a lot more cocaine to have the energy (wow) to go to work tomorrow (justification to use more) but I'm broke now and too damn paranoid to go out and get a front anyway. So I run out of drugs and I crash. Monday I don't wake up and get up to go to work, so I rationalize and miss a day. More lost money. Come Tuesday I come into work and joke around with my close friends about the awesome weekend I had. More justifying and rationalizing.

Are you kidding me? *An awesome weekend?* No. I'm not kidding me and I'm not kidding you either. I know I did it. I know I totally screwed up and spent all my money on something that is now all gone. I cried and cried about it late Sunday and Monday while I stayed home and frantically hid from being seen by others. But by Tuesday I put on my "mask" and re-invent myself one more time. I try to fool you and myself. I tell myself the spent money doesn't matter. I say to myself, "I'm done doing this now." I thank God for another chance. I start to feel some freedom. Then comes Thursday and I'm already scheming as how to get loaded again. Friday I get my paycheck, see the dope man, I get high and immediately I'm not able to stop. My cravings seem worse each time; it's exactly equal to the increase in my guilt and shame which has been increasing each time I'm out of control.

For many years I (or other addicts) do the same thing. After a while I start selling and/or using every day. After a while longer I lose my job. *BTW: No one ever "lost" a job.* All along I tell myself, "it's alright. I'll make a bunch of money and then I will quit using. I'm just going to party for a couple weeks, quit it, and get another good job." No one would keep repeating this scene over and over except for an addict. We addicts do know. We really do know we screwed up and we really are screwed up. But by now we have a habit pattern that cannot be broken until something major happens. So until that day, we have to justify and rationalize, so as to not lose our minds from being too full of guilt and shame. Staying loaded helps too. When I'm not loaded I then feel a lot of pain and shame; yes, embarrassment too. When using drugs I'm in the moment and the past doesn't matter, until I'm running out of the drugs; then it hits like a sledgehammer.

So, what can make us addicts change? It appears that once in a while somebody has enough guilt and shame to finally just up and stop. How rare is this? Really rare. Lots of folks say they quit all by themselves. But in reality there are always circumstances or influences that help a person quit. Or should I say some folks used to be able to do this.

Today's addict is far worse off; too many drugs, too many brain changes and way too much pressure to use. So in this day and age how can we quit? Think about the following ways. Add your own ideas too:

- They win a lottery and are too rich to care anymore about drugs. (That'll be the day!)
- They get arrested on a serious charge and they are not bailed out. All that time in jail really does help for most people.
- Have a medical emergency and be hospitalized for a reasonable duration.
- Have a medical condition that is so serious that to continue to drug or drink is to risk their lives or health.
- Family members get together and decide that the addict will not be given anything except food and a bed till he or she actually does something real about their addiction. Promises mean nothing until the action (like completing Inpatient) has already taken place.
- Family takes the person to the smokehouse or an Inpatient treatment center, instead of waiting for a month or two to get the ADATSA state funding. *Molina Insurance pays for the Inpatient less the daily co-pays. Are all your family members on Molina yet? Please do this!*
- They overdose, have brain damage, and forget they are addicts. (I've seen this one a lot. I've cried over a few people that did this).
- They die. Sorry I had to write this one down too.
- They remember/recognize/realize how bad their problem has become and they come in willing to do what it does take and want to go to Inpatient.
- They stop themselves from committing suicide and now they are so scared that they come in and get help from others.
- Lastly, some surrender to a Higher Power, admit to their creator that they are in desperation, finally obey, and the creator causes a miracle. The desire to use is lifted. Disclaimer: (hypothetical).

I did find out that the creator does not cause a miracle without expecting hard work out of us. I had to take some specific steps to lose the desire, the overwhelming desire, to use and get drunk. I also had to tell one human on this earth everything I could remember that I had done to harm another person in any way. I did that, including what I had done to harm me! The pain, shame and guilt flowed away from me after I finished this step and it continued to flow away during the next week. Thirty years of overwhelming cravings gone in one week! From then on I could say anything about my past without being sickly embarrassed and wanting to use to feel good again. I could also say "no" to using or drinking.

The single greatest thing I ever did was to openly admit I was full of you-know-what. I had to recognize I had nothing anymore. No real pride and therefore no more justifying, defending, ego-building, or rationalizing. I totally stopped defending any of my drug/alcohol involved actions as okay. Nothing I had ever done mattered much anymore because I couldn't stop using and I had become a jackass. So I moved into Serenity House and you know the rest.

Now it's up to you and your family member. All of us need help to get to the point where we can authentically look inside without rationalizing or justifying. If you can stop doing both you will begin to know who you are. And you will make far better choices and not excuse yourself every time you are faced with an important decision. Our goal now is to grow and mature or if not, we quickly or slowly retreat back to the drugs and alcohol and the same old story.

Well, I started with a subject and I *sorta* made closure. And like I said before, some of you will like it, some won't. I do think it's a weak article and certainly not professionally-developed, but it is from my heart and wrote with love for the people that have been life changers for me; **you**. I am proud to be here in La Push and proud that I am trying to help people. What a great life I get to have!

Kevin McCall

Acupuncture is now available at the Health Clinic

In November, licensed acupuncturist Michael Devoney began seeing patients once a week at the Quileute Health Clinic. Acupuncture is one form of Chinese medicine that has been around for at least 5,000 years. The theory is that by placing needles at certain points in the body, energy is moved so the body can heal itself.

Acupuncture can be used to treat many ailments, such as: digestive disorders, insomnia, pain, depression and stress, and overall it promotes general health.

Every Thursday, Michael comes from Port Angeles to treat tribal members. He sees 14 patients a day in La Push, and one session lasts 20-50 minutes, depending on what is being treated. Besides working in La Push, Michael spends three days a week at the Makah Tribe and one day a week at his private practice in Port Angeles.

Michael recommends to people who are fearful of needles to talk to someone who has been treated with acupuncture. He explained that many patients don't even feel the needles; they leave their appointments relaxed after treatment, they have a sense of well-being, and they often feel better for whatever they came into the office for. Sometimes bruising occurs, and there may be a drop or two of blood. In his 15 years of practicing acupuncture, Michael has had one person leave who complained of dizziness and lightheadedness.

If you are interested in acupuncture, stop by the Health Clinic or call the front desk at (360) 374-9035 for questions or to set up an appointment.

Seeking Student Artwork

The Talking Raven would love to feature your child's artwork! If you have any submissions, drop them off at the Quileute Natural Resources building with Emily Foster.

Examples of Artwork:
Poems
Drawings
Paintings
Short stories

Please submit your child's artwork by the 3rd Friday of the month in order to be considered for print in *The Talking Raven*.

Higher Education

The Washington State Higher Education Coordinating Board offers the American Indian Endowed Scholarship every year, and year after year, nobody from the Quileute Tribe applies for it.

Who can apply?

Applicants must demonstrate financial need and be Washington resident students with close social and cultural ties to an American Indian tribe. Applicants must also be enrolled as a full-time student at an in-state public or independent college or university by fall term 2012.

All qualified applicants will be considered, however, priority is given to uppder-division and graduate-level students. Application materials must be submitted as one complete packet. Required attachments include:

- Applicant's statement describing his or her close social and cultural ties to an American Indian tribe and/or community in the state of Washington
- Applicant's statement of intent to return service to the state's American Indian community
- Three letters of recommendation
- High school, GED, and/or college transcripts, as applicable
- Signed release of information form, as printed on the application

Scholarships range from $500 to $2,000. Applications are due by February 1, 2012.

For more information about the American Indian Endowed Scholarship, you can contact me at (360) 374-5657 or visit the HECB website: http://www.hecb.wa.gov/PayingForCollege/StateAid/AmerricanIndian.

I would also like to remind community members to do your taxes in January so you can complete the FAFSA before March 1, 2012 and be considered for the State Need Grant. The FAFSA is a prerequisite for any grant, loan, or scholarship.

Victor Velazquez

Quileute Tribal School honored Veterans on Veterans Day

The Quileute Tribal School honored the veterans. There was a good meal served followed by the students who sang patriotic songs to the veterans. The veterans were then given military patches of their branch with beaded hangers, USA flags, beaded necklaces and handmade cards.

We would like to thank all the veterans and Coast Guardsmen that attended. Thanks to the speakers: Chris Morganroth III, Leroy Black, Master Chief Lowry of the Coast Guard and Bev Loudon for your kind words.

We would also like to thank Roger Jackson for speaking and playing military songs on his harmonica. Roger actually declined the request to play this year as he wanted to just enjoy the ceremony. This is very understandable, as he is a veteran and also an elder, so he should just sit back and enjoy the moment. But he stepped forward for all his fellow veterans and once again honored and entertained them! Thank you very much Roger. Another note, one of the songs Mrs. Crippen's class sang "You Are My Sunshine" happened to be one of Rogers's favorite songs, so he in turn played the song back to them on his harmonica. The students recognized the tune and that brought smiles to their faces. The class thanks you for playing the song. Maybe your songs need to be recorded so we can play them in the future and you really can just enjoy the ceremony with your fellow veterans

One last but not least thank you goes to James "Spud" Hobucket. James drives a van for the veterans to get them to medical appointments so he has not been able to attend our breakfast for the last couple of years. This year he sent the school a thank you note for the time and thoughtfulness toward the veterans, and gave a framed "Proud Veterans" plaque to be displayed at the school. Thank you, Spud.

Sincerely,

Quileute Tribal Staff and Students

"Twilight" Actress Julia Jones Lends Support to Quileute's Quest for Higher Ground

By Richard Walker
Indian Country Today

Julia Jones, Chickasaw/Choctaw, best known for her performance in the *Twilight* films (most recently *The Twilight Saga: Breaking Dawn, Part 1*), appears in a public service announcement supporting legislation that would expand the Quileute Nation's reservation and resolve a 50-year boundary dispute with Olympic National Park.

The legislation would enable Quileute to move its administration offices, a school and homes upland from a tsunami zone. The Senate Bill is SB636; the companion bill in the House is HR1162. To track the bills, visit thomas.gov and type in the bill number.

It's the second time Jones has helped Quileute. In December 2010, she was guest of honor at the annual "Cherish our Children" event in La Push. The fundraiser benefits children from both the Forks and La Push areas during the holiday season. Her appearance resulted in a record-setting year for the event.

"The Quileute Tribe is so grateful to Julia for taking the time out of her busy schedule to film this PSA," Chairwoman Bonita Cleveland said. "We are grateful to all the actors who have sent out messages of encouragement and support regarding our legislation. Tinsel Korey, Gil Birmingham, Kiowa Gordan and Alex Meraz have all reached out to the fans and we are so humbled by their efforts. Chaske Spencer submitted a statement to the Senate Commission on Indian Affairs when he appeared before the committee this past year.

Actress Julia Jones visits with Quileute Vice Chairman Tony Foster and his daughter, Page, in La Push, Washington. Jones, Chickasaw/Choctaw, filmed a public service message supporting Quileute's efforts to obtain more land so homes, offices and a school can be moved out of a tsunami zone.

"The fan sites have assisted with getting the message out that our tribe is in desperate need to move to higher ground and time is running out."

To view the PSA with Julia Jones, visit http://quileutenation.org/flv/juliajonesviral.flv

Pictures from Cherish Our Children 2011

1. Dorothy Guerrero and Rosalie Black browse the silent auction tables at Cherish Our Children.
2. Vince Penn shows off a cake while Bill Sperry auctions it off.
3. Angel Torres and other Coast Guard personnel displayed items for bid during the live auction.

Photos by Cheryl Barth

Meet the new employee

My name is **Julie Windle** and I was officially hired this month as a full-time Registered Nurse at the Quileute Health Clinic. My job duties involve: patient care, immunizations, triage for patients, data management, administering medication, diabetes coordinator, and patient education. I received my RN degree from Mt. Shasta College in California, and I have previously worked at Olympic Medical Center in Port Angeles, WA, Jefferson General Medical Group in Port Townsend, WA as well as the Forks Hospital in Forks, WA for the last 15 years.

When I'm not working, I enjoy hunting, fishing, cooking, and spending time with my family. I hope to bring my experience and knowledge to the clinic and to all the members of this community. Thank you for all the warm welcomes!

Home security, burglary prevention tips

By Brian King
Clallam County Sherriff's Department

Home Security

Burglary is a crime that threatens all homes, but especially those which provide criminals with the "opportunity" to intrude, steal and escape undetected. We lose more than belongings to the criminals who attack our communities. We lose our freedom - the freedom to feel safe walking city streets after dark, going to a park alone, or letting our children walk home from school. We even lose the ability to feel secure in our own homes. And our law enforcement agencies, no matter how effective, can't protect us completely.

It cannot be stressed enough that all homeowners must take the responsibility to assess and, if necessary, improve the security of their own home.

There are many strategies you can employ to minimize the burglar's opportunity. The following are steps that you can take to improve the security of our home.

Interior Lighting

When you are away from home, keep some interior lights on. This creates the appearance that someone is home. Use a timer to turn the lights off and on at normal hours. A radio, television, or even a police scanner playing adds to the illusion that the home is occupied.

During the hours of darkness, and prior to a normal bedtime hour, a home should have lights on in various rooms. A home not showing any interior lights will give the appearance of being unoccupied and could attract the unwanted attention of a burglar.

A light timer installed in a living room or family room and another in a bedroom, each set to come on and to go off at different times, will give your home the appearance of being occupied during the hours of darkness even when it is not.

Exterior Doors

Always keep them closed and locked. Install solid-core wood doors with rugged frames that cannot be spread apart with a pry bar. A single cylinder deadbolt with a one inch throw, in addition to the key-in the-knob lock, is essential.

Garage Doors

Always keep them closed and locked. A burglar in your garage has access to tools and ladders and can often work on your home undetected. Garages often contain many valuables, including tools, desirable to thieves. There is no need to advertise your absence by showing the public your empty garage. Your garage also probably contains valuable items such as bicycles, tools and garden equipment.

Windows

Keep your windows closed and locked when you are away. Windows should have auxiliary locking devices. Screens and storm windows should be securely fastened to the structure. Wood dowels in sliding windows and sliding glass doors help to prevent easy access.

Landscaping

Shrubs that provide you with privacy also give a burglar a place to hide. Prune bushes down to two feet or trim trees up at least four feet.

Exterior Lighting

Lighting is considered one of the best determents to burglary. High pressure sodium or mercury vapor lights attached to timers are very effective tools that prevent trouble. A 40 watt light at each entrance, including the garage, will provide you with both safety and security and will not be wasting energy when used in conjunction with a timer or passive infrared sensors that turn lights on when movement is detected.

Alarms

No other security system is as efficient and practical for alerting neighbors and/or police that a break-in has occurred. The intruder is scared off for fear of being apprehended. Many types of alarm systems work well to protect homes. The system should be individually tailored to suit the needs of the residents. Consult your local law enforcement agency.

Time, noise and light are a burglar's worst enemy. With a little effort, you can set up deterrents against possible danger, injury to people or damage to property. By anticipating the opportunity and taking proper preventative action, it is possible to effectively "harden the target" and discourage most burglars from attempting a break in.

We can't always get back what crime takes away. But we can take back our freedom to feel safe. By working together, we can Empower ourselves to make our streets safe for everyone. And please, don't hesitate to seek the professional assistance of your local law enforcement crime prevention unit.

Bá·yaḳ The Talking Raven welcomes feedback!

Please feel free to share your opinions or suggestions with:

Emily Foster
Editor

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We strive to improve your newsletter!

Happy Birthday to Enrolled Quileute Tribal Members

January Birthdays:

Crystal Bender	1
Chayton Schmitt	
Sabrina Garcia-Vazquez	2
Effie Ward	3
Jeremiah Casto	
Charles Ward	
Amilliana Macedonio-Black	
Tyler Hobucket Jr.	4
Kenneth Boulton	
Evelyn Cadotte	5
James Jackson Jr.	
Carolyn Ward	6
James King Jr.	7
Anthany Carmona	
Pokie Smith	8
Christine Schumack	10
Sophia Calderon	11
Tyler Penn	
Adriana MacEdonio	
Naomi Harrison	12
Harvey Eastman	12
Steven Howerton	
Joseph Richeson-Penn	
John Penn	14
Lucy Smith	15
Michael Ramsey	
Linda Reid	
Arianna Ward	
Leonard Bryan	16
Alejandra Oropeza	17
Marilyn Seiler	18
Richard Rice	
Julie Jackson	
Robin Sailto	19
Cheryl Ward	20
Eleanor Kaikaka	21
Juriel Perete-Black	22
Latrina Black	23
Joshua Smith	
Jeanine Calderon	
Gary Ratliff	24
Elrick Matson	25
Francine Penn	26
Nathaniel Jackson	27
Larry James	
Leroy Black	
Eugene Baker	
Jessie Shepherd	
Hailey Christiansen	28
Justin Cooper	
Arnold Black III	
Matthew Payne-Schulze	29
David Ward	30
Daysha Fernandez-Black	31
John Ward	
Tia Ward	

February Birthdays:

Chasity Matson	1
Jeffrey Rosander	
Edward Foster	
Balente Pubigee Jr.	2
Vicki Black	
Jordan Foster	
James Jackson Sr.	3
David Kaikaka	
Carla Black	4
Edward Dell	
Duran Ward	5
Christina Williams	
Kimberly Bender-Ward	6
Rochelle Warner	7
Ronald McNutt	
Peyton Sablan	
James Hobucket	8
Alicia Black	9
Michael Marshall	
Kyle Eastman	10
Steven Easter	11
Mario Black Jr.	
Ronald Eastman	11
Glenda Melton	12
Thomas Williams-Penn	
Demetrio Gonzales	14
Candice Jackson	
David Jackson Jr.	
Kenneth Ward	
Marvella Adamire	
David Pubigee	
Dominique Sampson	
Randy Jackson Jr.	15
Telena Martinez	
Priscilla Scarborough	
Steven Ratliff	
Johnathan Sparks	
Kaitlyn Lorentzen	
Darryl Penn	
Charles Woodruff	16
Steven Bell	16
Anita Wheeler	
Larry Jackson Sr.	
James Jaime	18
Neva California-Hobucket	18
Chaleigh Beck	19
Jeremy Payne	
Shanna Brewer	
Katherine Black-Ward	20
Lisa Reid	21
Donald Reid Jr.	23
Christian Morganroth III	24
Arnold Black Jr.	25
Saddie Jackson	
Tommy Bouck	
Marley Zimmerman	26
Harry Jones	26
Soloman Jackson	
Reuben Flores Jr.	
Mark Williams	27
William Wilken Jr.	28
Noah Foster	
Lacie Schmitt	

River's Edge Restaurant

announces

Shoot the Rapids!

Specials for lunch time

11 a.m. to 2 p.m.

Wednesday-Friday

Spaghetti and Toast

Cup of Soup and 1/2 Turkey Melt

Soft Taco and Spanish Rice

$5.95 each

The specials include coffee, tea or a soft drink

Congratulations to the undefeated 5th-6th grade "Warriors"